

INISHOWEN DEVELOPMENT PARTNERSHIP

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PARTNERSHIP

'working to achieve positive change in the lives of people and groups in Inishowen'



Minister Joe McHugh TD recently met with Board and Staff of IDP. This was a good opportunity to highlight our work and to outline the emerging needs within our community. Minister McHugh spoke of the good work being carried out by IDP and offered his support to us in his role as Minister for Education.



CRISIS Training for Communities in Inishowen

IDP held a successful training workshop with 24 groups on Wednesday 5th December. Delivered by one of Europe's top crisis management consultants James Collier CPP of Three Corners Risk Consultants it was a good example of joint working and planning offering capacity building opportunities to community groups to manage a crisis in their own community and also to collaborate with relevant statutory agencies as a community response if a crisis hits the area. The Community Response Into Serious Incident Solutions (CRISIS) training project was initiated earlier this year by IDP in conjunction with The Exchange and aims to develop a holistic, proactive framework equipping local communities with tools to respond effectively in crisis situations. Recent crises e.g. floods (2017), the pier tragedy (2016), road traffic accidents with multiple fatalities (2010 onward) and a high incidence of suicide in the area all

indicate that there is a critical need for a co-ordinated CRISIS response with engagement of local leaders, clear central communication and agreed protocols for collaboration engagement with the statutory agencies is required. The core of this training is community resilience. A resilient community uses a holistic approach to respond to, withstand, and recover from adverse situations resulting in stronger more vibrant communities. IDP recognises that local communities are on the front-line of the immediate impact of a crisis, the initial emergency response, the aftermath and long-term recovery process. We hope to further explore developing a Community Response Crisis Management Team across the Peninsula into 2019. For more information on this initiative phone our Buncrana office to speak with Mary McCallion on 0749362218 or email mmccallion@inishowen.ie





WORKING FOR WORK

*Marie Monahan & Aisling Sheehy
Job Club Staff*

Job Club Staff Marie Monahan & Aisling Sheehy pictured left with the Minister for the Department of Employment Affairs and Social Protection, Regina Doherty at the September launch in Dublin of the INOU Working for Work, 25th edition this is a free, helpful and informative publication exploring welfare, education and training opportunities for unemployed people and those providing information services. It outlines your rights and entitlements, with regard to social welfare payments and secondary benefits. It also provides valuable information on your options and opportunities in relation to looking for work, returning to work and further education or training. You can access an online version on the INOU website www.inou.ie

CHILD WELFARE & PROTECTION BASIC AWARENESS COURSE

certified by the National Youth Council Ireland

All Volunteers, Children's Officers and Designated Liaison Persons (DLP) involved in any capacity with children in community centre's, youth clubs youth groups must first complete the 4-hour Child Welfare & Protection Basic Awareness Course. This course educates participants on the implementation of best practice in protecting the welfare of children.

Certification is awarded by youth council of Ireland on completion of this workshop. (Participants must be over 18 years of age). For Bookings contact IDP on 074-93 62218 or enquiries@inishowen.ie



Making a WISH

an outcome from MedLit

IDP has been working with migrant women in the Inishowen peninsula for many years and is currently looking at opportunities for social and community interaction as many women are feeling quite isolated. A recent needs analysis carried out via a focus group as part of the EU MedLit project with Migrant Women in our area highlighted the need for increased opportunities to include social activities and networking opportunities to bring women together to share experiences of moving to and living in a rural community. Many lack confidence and connections to attend activities in their community often citing their poor English language skills but often underestimating their skills in that regard. IDP is now running computer classes and is going to run a series of introductory art/craft workshops as this was also a common interest area. The project will include a site visit to a craft outlet in the region. Contact Denise for further info – 074 93 62218

As part of the ERASMUS+ Media Literacy Project IDP recently participated in a partners workshop in Palermo, IT

IDP Celebration of Learning

IDP held a successful celebration of learning event in Buncrana on Thursday September 20th 2018 offering an opportunity for over 200 successful QQI certificates to be awarded to a range of participants. Chairperson Dermot McLaughlin who presented the certificates applauded the achievements of the large number of successful candidates and stated that he was delighted that IDP, through its SICAP programme and other complementary programmes, such as Donegal ETB's Community Education Programme, is in a position to develop and deliver a wide range of courses. "This is a great opportunity to celebrate both the breadth of activity IDP provides across the peninsula and the wonderful achievements of the people in the room."

Joint CEO, Shauna McClenaghan, acknowledged the "high calibre of tutors engaged in delivering these courses" outlining that this is an "essential ingredient for optimising the learning environment

and promoting a culture of lifelong learning". Ms McClenaghan also paid tribute to the supports received from Donegal LCDC in the delivery of the Social Inclusion Community Activation Programme as well as Donegal ETB's community education programme who have over the past number of years been very supportive of our applications and whose support has complemented our work in this area.

MC for the evening was IDP tutor Annette Patton who facilitated the evening using a learner centred approach and underlined the wealth of life skills that our programme participants bring to the various courses. The journeys of the participants are what reinvigorates our efforts in sourcing funding for these programmes. A most poignant and engaging part of the evening culminated in one of the learners talking about her experience as a participant and the life changes that took place for her through her completion of our popular PAL programme.



COMMUNICATION IS KEY TO SUCCESS.



Having good communication skills is key to success in the ever-changing world of employment. Attendees at Inishowen Development Partnership's (IDP) recent award ceremony celebrating the successful achievement of over 200 QQI certificates. Chairperson Dermot McLaughlin who presented the certificates "applauded the achievements of the large number of successful candidates" and stated that he was delighted the IDP, through its SICAP programme and other complementary programmes, such as Donegal ETB's Community Education Programme, is in a position to develop and deliver a wide range of courses. Names from L to R Back Row are Paul Burns, Roger Doherty, Owen McCarron, Dermot McLaughlin Front Row are Carmel Doherty (Tutor), Sinead Crawford, Kathleen Sarsfield, Mary McGeehan (IDP) Missing from the photo are Charlie Fitzpatrick, Billy McLaughlin & Louise Whitbread.

NATIONAL WOMEN'S ENTERPRISE DAY – THURSDAY 18TH OCTOBER

National Women's Enterprise Day aims to inspire, motivate and support women across the country to start and run their own business and to give recognition to the essential role played by Ireland's female entrepreneurs to the economy.

This year's event focussed on the Fashion and Textile Industry under the theme 'Local to Global' and was hosted in Inishowen by the Donegal Local Enterprise Office with a number of Industry experts sharing their experiences. Picture from left to right: Marie Morris – Morris Fashion Consultancy; Larissa Feeney – Accountant on-line; Brenda Hegarty – Assistant Head of Enterprise at the Donegal Local Enterprise Office; Jenny Holloway – working in the fashion industry for over 20 years



SUSTAINABLE ENERGY COMMUNITIES PROGRAMME

In association with IDP SEAI aims to encourage suitable Sustainable Energy Communities to partake in small to medium energy projects. This programme is available to all sections of the community /homes/business/ community centres /schools/churches/sporting clubs Two recent workshops provided an opportunity to hear from representatives from Sustainable Energy Authority of Ireland (SEAI) how local communities can access supports in addressing their energy needs for their homes /business/ community centres/schools/churches/sporting clubs. An outcome from the workshops is to now prepare an Inishowen Master Plan to be a sustainable energy community

More information contact Mary McCallion on 074 93 962218 (mmccallion@inishowen.ie)

In Association with Inishowen Development Partnership
Sustainable Energy Communities Programme

SEAI aims to encourage suitable Sustainable Energy Communities to partake in small to medium energy projects. Calling on all sections of the community /homes/business/ community centres/schools/churches/sporting clubs

Information Sessions
Wednesday 28th November 2018
2pm-4.30pm Colgan Hall Carndonagh
7pm-9.30pm IDP Office St. Mary's Rd. Buncrana

An opportunity to hear from representatives from Sustainable Energy Authority of Ireland (SEAI) how local communities can access supports in addressing their energy needs for their homes/business/community centres/schools/churches/sporting clubs.

Learn how communities can work together to save energy

More information contact Mary McCallion 074 93 2118 (mmccallion@inishowen.ie)

The Social Inclusion and Community Activation Programme (SICAP) 2012-2015 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Union under the Programme for Employment, Inclusion and Learning (PEIL) 2012-2015.

KEEPING RECORDS WORKSHOP 15TH OCTOBER

A big concern for Small Business Owners (SME's) is how to keep proper Books and Records in order to be Revenue tax compliant and operate efficiently as well as to be able to determine the financial situation and profitability of their businesses. Help is at hand through IDP as we run regular Workshops in this area for new start-ups and established small business owners contact our Enterprise team enquiries@inishowen.ie.



CHOICES4U – ADULT LEARNER FAIR

FRIDAY 12TH OCTOBER 2018

Education & Training Fair Returns Again

The fair took place in the Inishowen Gateway Hotel, Buncrana on Friday October 12th. IDP were delighted to have had a wide range of providers from the North West and beyond in attendance, well known host, Jimmy Stafford facilitated a panel discussion with Jason Black, Endurance Athlete who had recently summited K2 and spoke of his journey, local girl Grainne Gallinagh, Ireland's Miss Universe 2018 and Oran Doherty, Regional Skills Forum Manager discussed a range of topics relevant to the morning's event.



JASON BLACK, GRAINNE GALLANAGH, JIMMY STAFFORD WITH IDP BOARD & STAFF MEMBERS



SECTION OF CROWD ON THE DAY



JASON BLACK, GRAINNE GALLINAGH & JIMMY STAFFORD



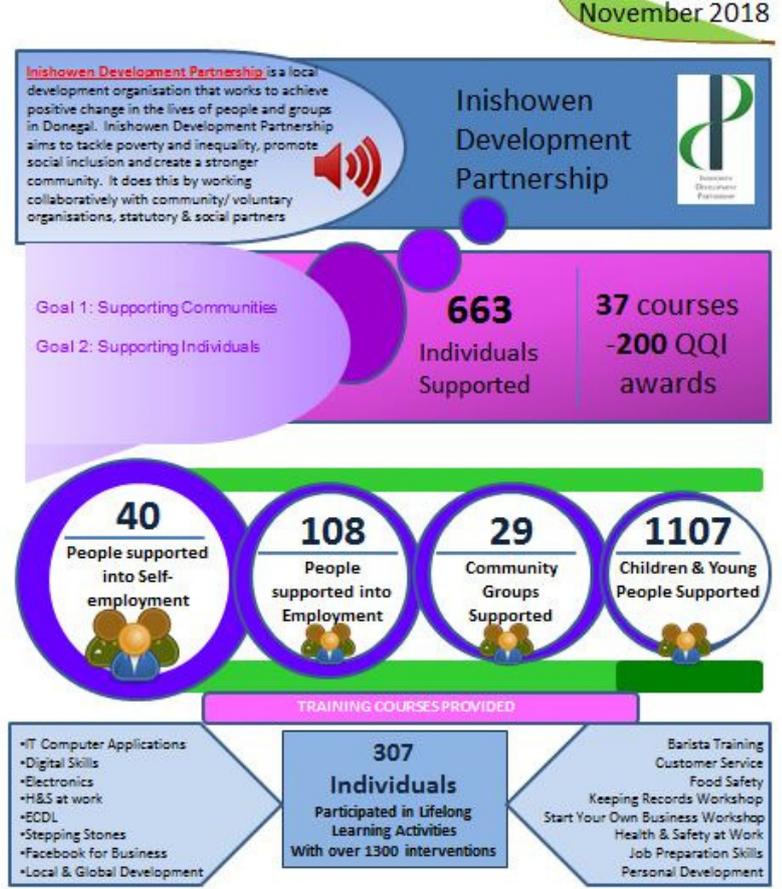
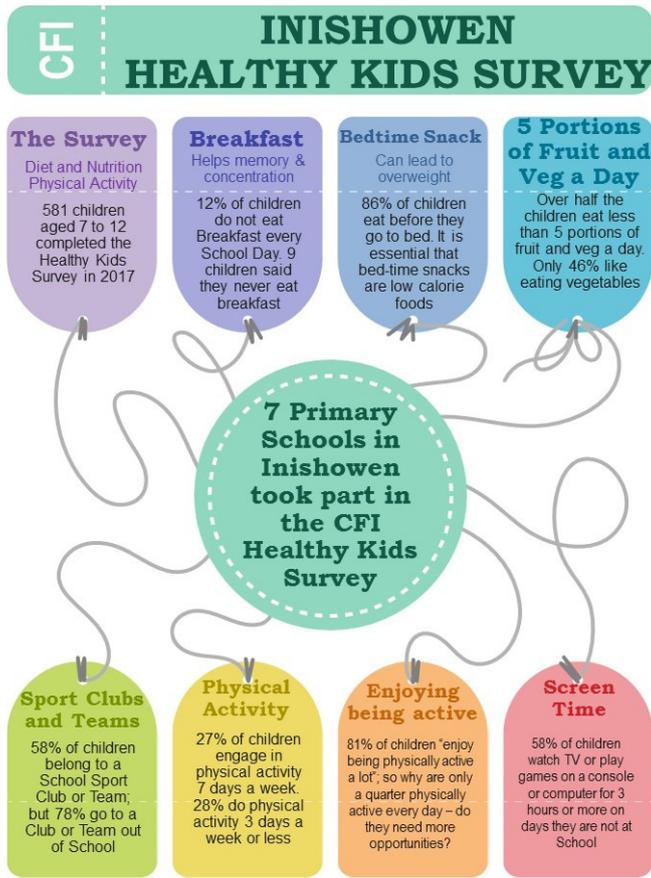
ONE OF THE STANDS ON THE DAY

Parents Plus – Carndonagh Oct-Nov 2018

JOHN JACKSON

The Parents Plus Children's Programme was run in Carndonagh during October and November 2018. It was aimed at parents of children of primary school age. A total of 16 parents signed up for the programme. The programme was delivered in the evening, 7.00pm to 9.00pm to facilitate working parents. This course was co-facilitated by John Jackson of the IDP and Annette Duffy of Tusla. Throughout the course special emphasis was placed on the parents setting personal goals around

what they wished to achieve. A special effort was made to ensure that the goals were specific and realistic – SMART goals. The more down-to-earth the goals, the more achievable and measurable they are likely to be thus enabling the individual parent to try and get the most out of the course. The parents on the course registered with ParentHub Donegal, whose co-ordinator, Bairbre Cahill, liaised with John, Annette. If interested in future Parents Plus programmes contact Bairbre at 087 1736667 or Bairbre.parenthub@gmail.com



SPREADSHEET METHOD TRAINING

This 12 week course took place in IDP Bunclara with 10 participants who gained a QQI Level 5 qualification. This course was part funded by Donegal ETB under their Community Education Support Programme.



SOCIAL ANALYSIS

The popular Social Analysis programme was delivered again by IDP, with a great group of people engaging in the programme. Many are community activists & volunteers in local community and youth groups or working to support social inclusion and community development in Donegal.



CODING FOR WAINFEST

Three local primary schools took part in the IDP Coding workshop as part of Wainfest. Tutor Martin Bradley from LYIT was impressed with the questions and imaginations of the young people involved. Denise McCool IDP expressed a special thanks to Martin and to Scoil Mhuire "for hosting the day and for the teachers who brought along our future young coders!"



COMMUNITY FOOD INITIATIVE

After 3 years of the Community Food initiative under IFAN & IDP it finishes off with the last of the pilot projects. The last section is a QQI Level 4 module in Food & Nutrition at CCS with 12 boys, from the LCA Programme taking part, including a 'come dine with me' event.



Social Prescribing

CARMEL GALLAGHER

Craft classes were held in the Anglers centre in Buncrana recently, whereby a group of women came together to learn new skills and share their knowledge in the art of crafting. They made xmas cards, chicken scratching pictures, decoupage, observed machine embroidery and chatted while enjoying a cup of tea. This is a very informal group who welcome new members. If interested please get in touch with Carmel Gallagher Social Prescribing Co-ordinator on Tel:0860406950.



Anxiety Workshop

Following a discussion with some of our IDP Board Members, we organised a workshop for parents to support them in dealing with anxiety in their primary school age children. Delivered by fellow Inishowen Family Action Network (IFAN) member Dr. Elizabeth McQuaid (Senior Clinical Psychologist) and Orla Walsh (Assistant Psychologist) from the HSE Donegal Psychology Department, the workshop was very popular and well received. We had an overwhelming response to this initiative with over 120 Parents contacting the office to book for the event in East Inishowen. As the event was kindly hosted by St. Fionan's, Whitecastle who had a capacity capped at 65 to ensure that all attendees got the best opportunity on the night, we have now arranged for another information event in Quigley's Point Community Centre for those on that waiting list. We hope to collaborate further with the HSE in 2019 to run a couple of other workshops around the peninsula to meet this growing need.

Envision Carndonagh Saturday Nov 17th

A very energetic and engaging workshop was held in Carndonagh as part of the Envision Inishowen workshop series that IDP is facilitating and will continue in communities across the peninsula in 2019. The response in Carn was very positive and several initiatives will be developed and supported in the incoming year. Examples of ideas and opportunities that the group explored include youth spaces/cafes, a digital hub for Carndonagh, a retirement complex within the town, more inter-sports club collaboration for better facilities for all, becoming a more sustainable energy town, upskilling opportunities for community leaders. We look forward to supporting this group in bringing a number of these initiatives to fruition.



TIPS ON HOW
TO HANDLE
ANXIETY
IN
CHILDREN



BARISTA TRAINING

This popular programme is funded by Taste 4 Success SkillsNet. The programme is delivered by the Dublin Barista School and this is the 8th course to be delivered in Inishowen. Mary McGeehan Training Officer explains "the programme is an intensive 1 day Barista course that provides all the practical skills and knowledge to make the perfect cup of coffee, from the classic Americano to a stylish Latte as our coffee culture has reached new levels of sophistication". The course is conducted on coffee shop machines along with modern grinders which provide the students with a genuine coffee shop experience.

PAYROLL TRAINING FOR COMMUNITY GROUPS

DO YOU KNOW?
REVENUE WILL BE RELEASING THEIR ROS ACCESS TO THE NEW SOFTWARE ON THE 5TH DECEMBER 2018

2-DAY PAYROLL TRAINING
in IDP Offices Buncrana

Getting ready for PAYE Modernisation
(2 hour) Thursday 13th December 10am - 12pm

Payroll Software Training
(1 hours) Thursday 20th December 10am - 2pm

To book a place contact IDP on 07493 62218 or email enquiries@inishowen.ie



TASTE OF SYRIA

The Inishowen Family Action Network (IFAN) in collaboration with Inishowen Development Partnership's (IDP) Community Food Initiative hosted 'A Taste of Syria' event under Safefood Ireland's Community Food Initiative on Saturday October 13th, as part of Wainfest. The event was an opportunity for the local community to meet with the Syrian families who have moved to Carndonagh and to taste a great array of Syrian food and wonderful coffee! Feras and Asma created a little bit of Syria in Carndonagh with a selection of humus, baba ganoush, cous cous, delicious salads, breads and good company!

SAOR Training

The Alcohol Forum through funding received under the Healthy Ireland Initiative, collaborated with IDP to provide this 6 hour workshop on 19th November to 20 participants in Buncrana - delivered by Christina Murray-McEleney, Coordinator, Alcohol & other Drugs Training & Education North West Region, Donegal ETB.



Contact IDP:

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