

# IDP SICAP Case Study 2019

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Collaboration – Mens Shed Carndonagh,  
Inishowen





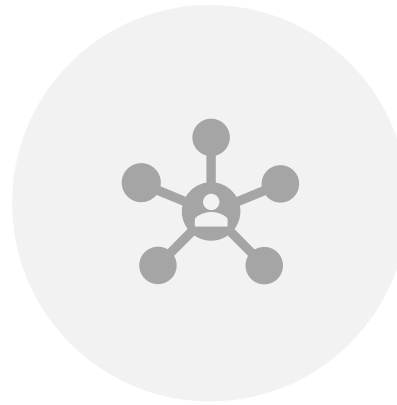
# Men's Shed Carn Project October 2019

IDP SICAP 2019

# Collaboration- a definition



COLLABORATION IS THE PROCESS OF TWO OR MORE PEOPLE OR ORGANISATIONS WORKING TOGETHER TO COMPLETE A TASK OR ACHIEVE A GOAL. COLLABORATION IS SIMILAR TO COOPERATION.

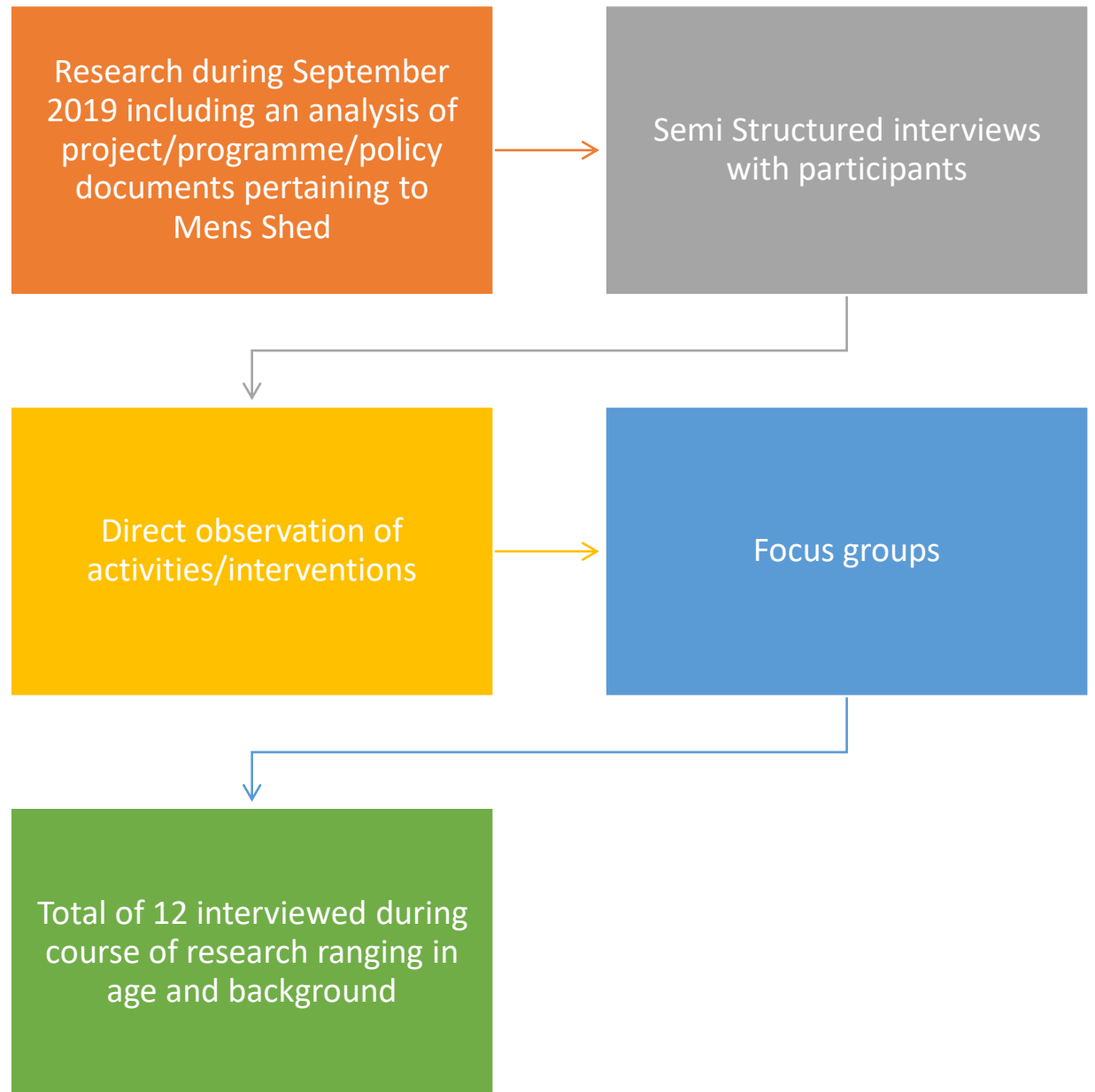


MOST COLLABORATION REQUIRES LEADERSHIP, ALTHOUGH THE FORM OF LEADERSHIP CAN BE SOCIAL WITHIN A DECENTRALIZED AND EGALITARIAN GROUP.



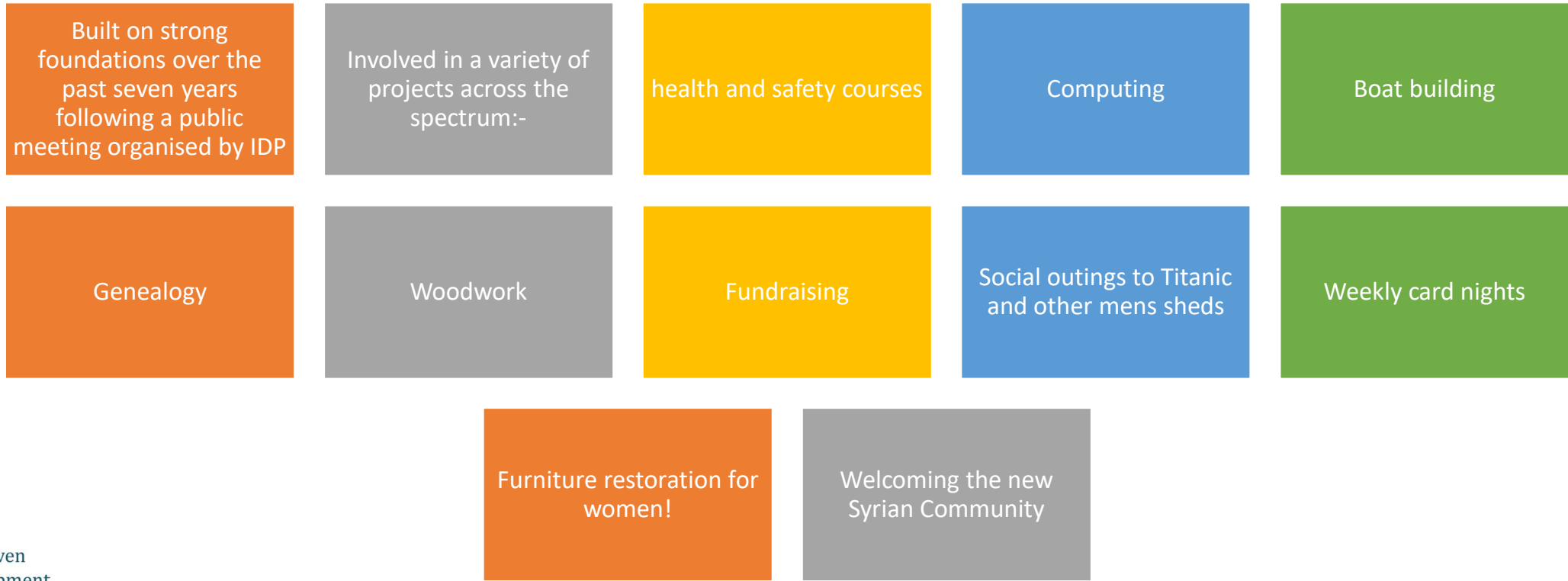
TEAMS THAT WORK COLLABORATIVELY OFTEN ACCESS GREATER RESOURCES, RECOGNITION AND REWARDS WHEN FACING COMPETITION FOR FINITE RESOURCES.

# Methodology



# Men's Shed Carn – a community hub for local men

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# Profile of participants involved in developing this case study

Philip Doherty, aged 69 who formerly worked in construction & is a founding member of the Men's Shed Carn project.

Jimmy Marshbank, aged 65, a former car mechanic & Chair of the project.

Robert Toland Snr, aged 87 who is a joiner and who led the restoration of the 1850s pony trap project.

Conor Doherty, aged 34 who previously worked in construction and is currently Chair of the Men's Shed Carn project.

Patrick McCarroll, aged 69 who is a former surveyor and member of the Men's Shed Carn project / board member of the Inishowen Co-op.

John Sweeney, aged 70 who is an ex-schoolteacher and who joined the Men's Shed Carn project three years ago.

Davy 'Bill' McLaughlin, who previously worked with Inishowen Oil for 30 years and is the current Treasurer of the Men's Shed Carn project.

Abdul Rahman Ahmad, aged 31 who is currently a welder / previously a geography teacher in Syria before resettling in Carndonagh & becoming a member of the Shed.

Feras Manaa, aged 44 who is a carpenter & cook from Syria who recently built beehives with Abdul at the Men's Shed Carn.

Breda Doherty (Turas) who is a care worker at Carndonagh Hospital and has participated in the furniture restoration course at Men's Shed Carn.

Denise McCool, Community & Education Officer at Inishowen Development Partnership (IDP) who has been involved with the project since the outset.

Eileen Doherty, who assisted in the foundation of Men's Shed Carn and is a current member of the project's advisory committee.



# Standing room only!

- Established in March 2012 following a series of meetings by local men and supported by Inishowen Development Partnership (IDP), it has operated successfully and is currently undergoing a review to look at how best to service the local community and to adapt to the needs of people from the Carndonagh area.



# The Beginning – background to the project

Recession – rise in unemployment  
with particular effect on the  
construction industry

“Things were very bad back then!  
Indeed, when we started out, a lot of  
highly skilled men in Inishowen had  
found themselves, almost overnight,  
out of work with little or nothing to  
do.

The idea behind the Men’s Shed  
project was to try to get local men  
involved in something worthwhile  
again. The shape and form the  
project took was completely driven  
by the men themselves and  
supported by IDP under the SICAP  
programme.





Renovation of Old  
Inishowen Co-op  
premises on Moville  
Road begins (with over  
20 men lending a  
helping hand!)



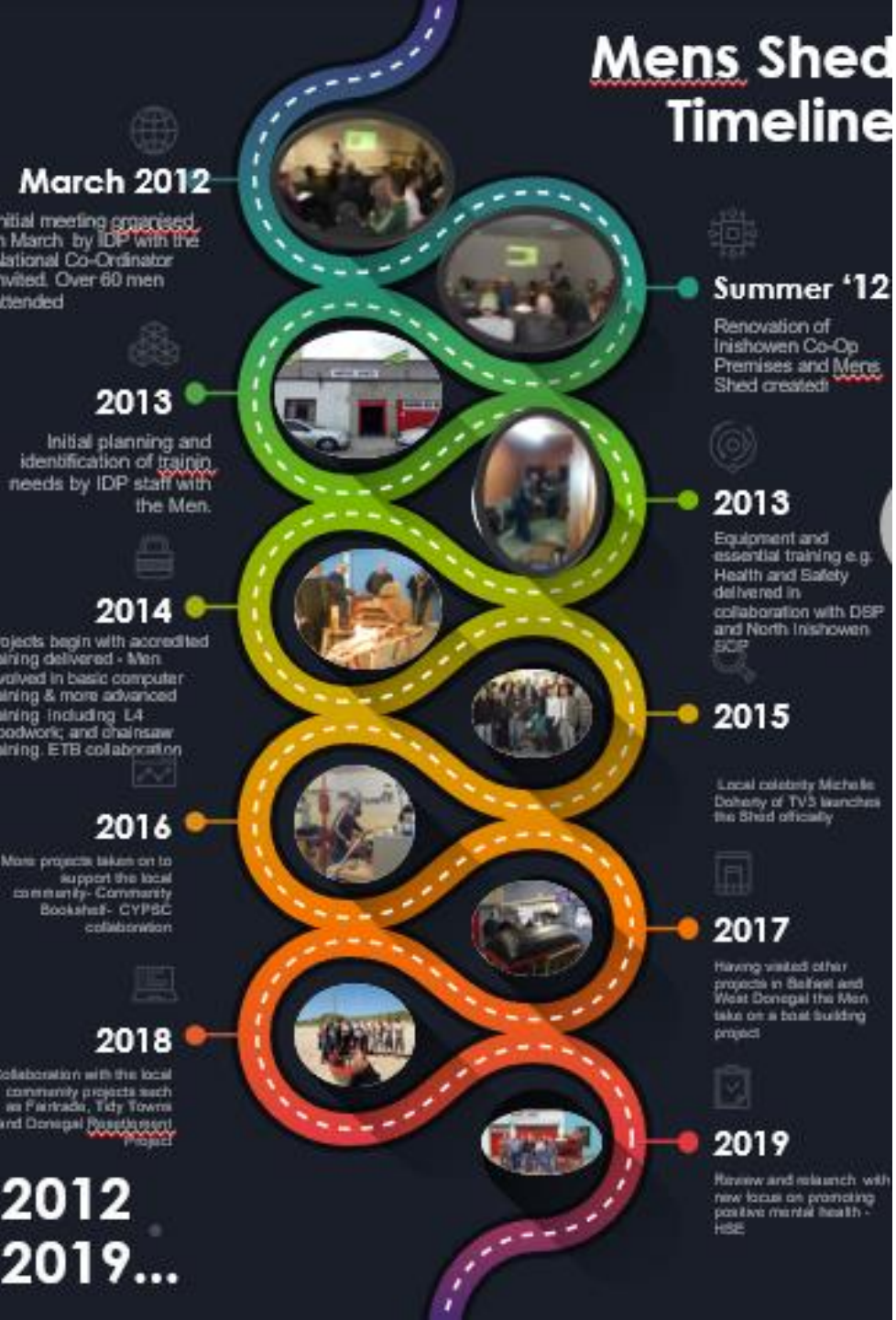




- **providing educational and training opportunities for the men, as well as social activities which promote better health and wellbeing**
- “There’s been so many benefits from the project – not least in terms of promoting the health and wellbeing of the men and the diversity of our membership, including those from a construction background, former businessmen, schoolteachers and retired professionals



Common aim



## Timeline

- Open meeting with National Mens Shed Co-Ordinator invited
- Source of shed – Inishowen Co-Op
- Funding sourced through IDP from DSP and NISCP for insurance and equipment
- Training Needs Analysis carried out by IDP Staff
- Health and Safety Training
- Skillnet Funding sourced for Chainsaw training
- Funding sourced by IDP for woodturning
- Celebration event organized with Michelle Doherty TV3
- Community projects with Tidy Towns, Fairtrade & Barrick Hill
- Intergenerational Projects with Carn CS



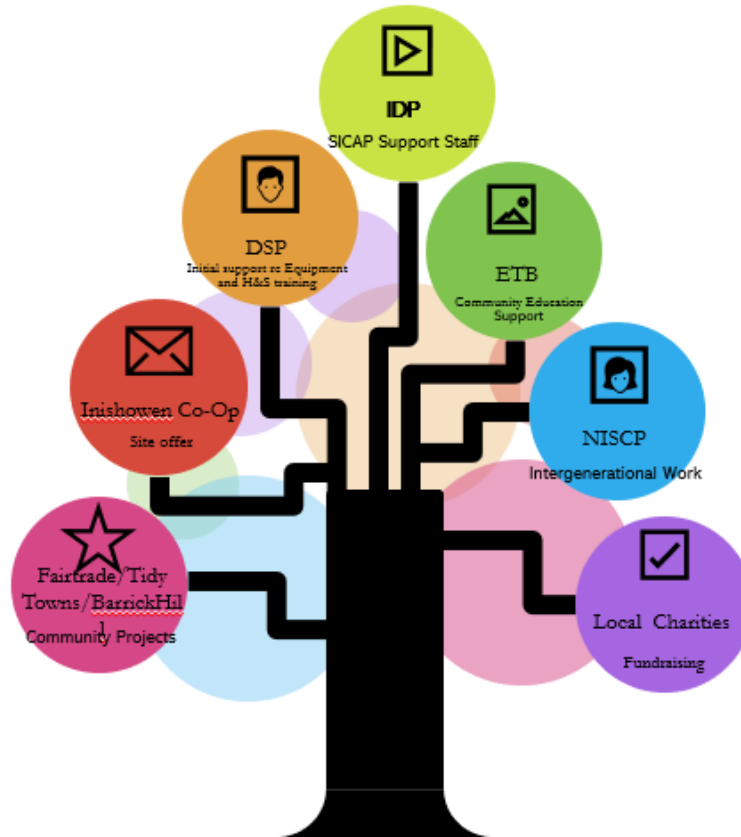
# Projects at the Men's Shed begin...





# Collaboration

Branches of Support



Interagency Collaboration

Collaboration as the key to  
success



- IDP
- DSP
- NISCP
- National Mens Shed Assoc
- Inishowen Co-Op
- Citizens Information
- Donegal ETB
- Donegal Co Co
- Barrick Hill Garden Committee
- Tidy Towns
- Community Foundation Ireland
- Grassroots
- TUS Programme IDP
- Refugee Resettlement Project
- HSE



## Building Social Connections and Community Involvement

- Carndonagh Community Hospital
- Community Gardens
- Fundraising





# Welcoming space for all

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- “There are so many good men at the Shed and I have really appreciated them helping us to make our beehives.
- Abdul Manaa
- We’ve also joined the men in fundraising with buckets at the roundabouts for **Lifeline**. This was a lot of fun and we were very happy to do this.
- “All of the men at the Shed have been really welcoming and have treated us very nicely!”



# Craic and Companionship

- A welcoming and supportive environment
- As Philip Doherty, one of the founders of the Men's Shed Carn project said: "There's been so many benefits from the project – not least in terms of promoting the health and wellbeing of the men and the diversity of our membership, including those from a construction background, former businessmen, schoolteachers and retired professionals.
- **"Indeed, the project has brought together so many men with vastly different skillsets bringing solutions to problems, which in turn has allowed us to pick one another's brains or act as a 'sounding board' for ideas**
- "There's also an amazing buzz about the Shed when the men are involved in a project and driving one another on to make it a success.









“I therefore cannot thank IDP enough for going ‘above and beyond’ in terms of supporting and funding this fantastic initiative which I hope will remain as a key ‘community hub’ for local men for many years to come!”

# What it means to the participants

- As one member who previously suffered from depression – so eloquently put it when speaking at the project's recent 'Open Night':
- “The Shed was a saviour for me, even if it was only to come in for a cup of tea and have the craic it was really tremendous! Thanks to everyone involved in the project for the great time I've had over the years – and I just want to say that the Shed was my salvation!”

A word cloud featuring the phrase "thank you" in numerous languages. The central text "thank you" is in large, bold, red lowercase letters. Surrounding it are many other languages, including:

- danke (German)
- 謝謝 (Chinese)
- ngiyabonga (Xhosa)
- teşekkür ederim (Turkish)
- gracias (Spanish)
- merci (French)
- blagodaram (Ukrainian)
- dank je (Dutch)
- misaela (Tagalog)
- matondo (Zulu)
- paldies (Latvian)
- grazzi (Italian)
- moči (Slovene)
- go raibh ma (Irish)
- arigatō (Japanese)
- takk (Norwegian)
- shukriya (Urdu)
- dhanyavadagalu (Kannada)
- diolch (Welsh)
- xiexie (Mandarin)
- 감사합니다 (Korean)
- terima kasih (Indonesian)
- najis tuke (Sinhala)
- kam-sah hamnida (Tamil)
- ভাঙ্গাৰে ধন্যবাদ (Assamese)
- ευχαριστώ (Greek)
- grazie (Italian)
- taiku (Lithuanian)
- sulpay (Hiligaynon)
- kop khun krap (Lao)
- tanemirt (Hindi)
- rahmet (Persian)
- raimol (Malay)
- vinaka (Samoan)
- spas (Slovak)
- welelin (Hawaiian)
- barka (Arabic)
- mersi (Arabic)
- lava (Hawaiian)
- rahmat (Arabic)
- chhorakaloutioun (Armenian)
- gratias ago (Latin)
- gracies (Catalan)
- akun (Sundanese)
- dankon (Sundanese)
- ajiu (Sundanese)
- djiere dieuf (Dutch)
- дякую (Ukrainian)
- danke (German)