# Inishowen Development Partnership

# People Place Progress

# Life at IDP after Covid

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2022 has been an exciting year for everyone at IDP. We have been able to get out and about again properly in the community- We're having events and bringing people together. The EMpowerHER was a massive success earlier this year and it was great to bring so many local businesswomen together. Our INBusiness industry breakfast series for the tourism and business industries, held in association with Skillnet have been a great success and our Community Development Team is playing a massive role in supporting SmartVillages training, Volunteer Recruitment and helping Ukrainians who have arrived in Inishowen. Added to that our ERASMUS+ Stagepass project brought local teenagers from Moville Community College and Carndonagh Community School to Leeuwarden in the Netherlands to perform at the Liberation Festival Week along with their Polish and Dutch counterparts. We have also welcomed some new faces to our team and our enterprise courses for our self employed have been going from strength to strength. Later this month we celebrated the tenth anniversary of ChangeMakers in an Grianan Hotel , Burt and we launched our latest IFI Funded Chance programme in Buncrana. Read on to find about all of this and so much more!

# March 2022 - EmpowHER

#### 'Mammy Banter' shone at IDP event

IDP hosted a Womens Event in the Inishowen Gateway Hotel on Thursday March 31st. Launched on International Woman's Day 2022, this event was the first step in inspiring and connecting Inishowen women. It offered the opportunity to find out about the services on offer; from ways to improve our health and wellbeing, to looking at various options including employment, remote working, returning to education and starting your own Business.



Pictured are Kathy McKenna (Grow Remote), Kathy Donaghy (Journalist), Shauna McClenaghan (IDP) and Serena Terry (Mammy Banter) who entertained the crowds of women at the event.









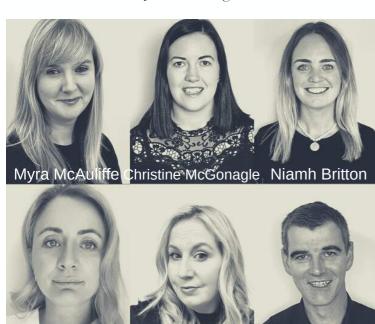


#### <u>April 2022</u>



Pictured at the event was Anne McCarron (Donegal Local Enterprise Office), Joan Crawford (Failte Ireland), Andrew Ward & Shauna McClenaghan (IDP), David Leonard (Failte Ireland) and Ana McColgan (Inishowen Skillnet)

AT the INBusiness event Joint CEO of IDP Shauna McClenaghan and Joan Crawford from Failte Ireland launched the Best Breakfast in Inishowen competition. The competition, which supported by Failte Ireland and developed by Inishowen Skillnet, aims to find the Best Breakfast in Inishowen. Voting for the competition has now ceased however the winner will be announced at the Clonmany Agricultural Show on Tuesday 2nd August



Eileen Hegarty

Katie Barr Barry McLaughlin

#### INBusiness Breakfast for Tourism industry in Muff

IDP, in association with Skillnet Inishowen, held the first of their INBusiness Events at the Treehouse Restaurant in Muff aimed at the Hospitality, Tourism and Leisure Sector in Inishowen. . This was a great event which was greatly attended by various service providers and business people.

## BEST BREAKFAST IN INISHOWEN 2022



#### WELCOME TO OUR NEW FACES

March and April also saw the appointment of new staff at IDP. We are extremely happy to welcome the new team members - Myra McAuliffe, who is the co-ordinator at ChangeMakers, Eileen Hegarty, who is working on the Chance programme, Christine McGonagle and Katie Barr are new admin employees, Barry McLaughlin has joined the community development team and Niamh Britton is the new Community Food and Nutrition Worker. Niamh is also a key part of the team behind Sláintecare. IDP is the host organisation for the Sláintecare Healthy Communities -Smoking Cessation, Community Food and Nutrition and the Healthy Food Made Easy Programme and the Social Prescribing Initiative. We are also linking with our partners in Donegal Parent and Family Support on the Sláintecare Parenting Initiative.

#### April 2022



# Wellbeing from Nature welcomes visitors from Malta and Finland

Started in February 2021, Wellbeing from Nature is a knowledge exchange and community building project in the areas of green care, nature-induced wellbeing and eco-tourism. In Inishowen this LEADER funded project has brought together groups, businesses, and individuals with an interest in the connectedness and serenity of Inishowen landscape can bring, supporting them to work collaboratively on projects to invite more people to share their positive outdoor experiences and the benefits for mental health. It also promotes green tourism and sustainability. In April IDP welcomed it's international partners from Malta and Finland where they showed the very best eco tourism Inishowen has to offer. This included Fort Dunree, Malin Head, Walking with Alpacas, Doagh Famine Village, Culdaff Beach for sea swimming, a yoga session, a visit to see Social Farming in action, the Trenbania Art Stay outside Carndonagh, Wild Ireland, White Oaks Sanctuary Garden, Glendowen Crafts, and included a Heritage Walk and Talk, a presentation on IDP's Dare to Dip project, a Seminar with participants from the Irish Wellbeing from Nature network and an information talk on Social Enterprises by Spraoi agus Sport. All over three days - phew!.



#### Supporting domestic violence awareness in Buncrana

In April IDP were delighted to support the domestic violence awareness campaign. Lifeline Inishowen organised a coffee morning at Buncrana Garda Staion. Aisling Sheehy, IDP Communications Officer, pictured with Sgt. Charlene Anderson at a coffee morning #gopurpleday2022 #domesticviolenceawareness

# SOCIAL MEDIA UPDATE:

(Inishowen) Domestic Violence Service \* Are you feeling ustandr \* Araid of your parmer? \* Constantly 'wolking on eggebrit' \* Your needs are not considered in or are ignored? YOU ARE NOT AL:

LIFELINE (Inishowen) DF provides the following serve

Buncrana

An Garda

Síochána

#### MAY 2022



The force was strong, on May 4th as we hosted another Blue-C project partner meeting online. In addition to discussing the overall project and how it is progressing, we shared with our partners in Spain, the Netherlands, Malta, Finland and Greece the exciting Inishowen connection to Star Wars - Episode VIII - The Last Jedi! We recalled the time when Luke Skywalker arrived, and the Millennium Falcon starship was perched on a cliff edge on location in beautiful Malin Head! To keep up with the developments of the BLUE - C project, follow the Facebook page!

#### SUPPORTING THE RED CROSS AT IDP

In May we were delighted to be able to present a cheque of €750 to Valerie McGrath from the Red Cross, to help with their Ukranian appeal. The money was raised following a raffle at the recent 'EmpowHER Inishowen' event in The Inishowen Gateway Hotel.





#### **INBusiness Breakfast for** the construction industry

IN MAY IDP and Skillnet Inishowen hosted the second INBusiness series at the Inishowen Gateway Hotel. This industry breakfast took place on a Friday morning and welcomed people from the Construction,

Manufacturing, Transport and Engineering sectors. Speakers included Gareth Whitmore, General Manager of Inishowen Co-Op, Director of IDP and Chairperson of Inishowen Skillnet, Eve-Anne McCarron, from Donegal Local Enterprise Office and Quantity Surveyor, Claire Irwin, of RTE's 'Room to Improve'. Claire provided invaluable insight and expertise into the construction sector and having availed of SEAI opportunities for previous clients; shared her experience and knowledge on accessing grants.

#### **MAY 2022**

# Working in partnership

IDP works closely with Donegal ETB on several initiatives, most recently our joint Changemakers 10th anniversary event (See section on pgs 10-11) The two organisations also came together recently to meet local community groups from across Inishowen to discuss the community education work they are doing and plans for the future. Donegal ETB and IDP have a Memorandum of Understanding (MOU) and collaborate jointly to support training and education opportunities for groups to come together on initiatives, as well as supporting individual group's needs.



Representatives from Malin Head Community Centre, Serenity House, Greencastle Community Centre, Carrowmenagh Centre, Moville Men's Shed, Spraoi, the Colgan hall, along with IDP staff and Catherine Friel, CEF, Community Education Support Programme of Donegal Education and Training Board's Further Education and Training (FET) Service.

# Connecting communities with IDP



IN MAY, IDP hosted a female only art exhibition at the Exchange in Buncrana displaying photos and artwork created by women from our local and migrant communities.

The exhibition was entitled connecting communities and was attended by local women as well as local women from our migrant families. There were refreshments with some Irish and Syrian food at the event and it was supported by the communities Integration fund.

It was a great opportunity for the women to showcase their art and it was a very enjoyable event.

#### MAY 2022



#### IT'S 4 WOMEN in Sweden

In May Patricia Lee and Joint CEO Shauna McClenaghan attended a transatlantic meeting of the IT's 4 Women team in Sweden. IDP partners with groups in The Netherlands, Sweden, Romania and Spain. We have come together as partners across five countries to find the 'do's and don'ts' regarding the engagement of girls and women in IT. The research carried out by IDP for the ITs4Women project was used to inform the EmpowerHer women's focus groups in February 2022 and in prioritising the themes for the IDP EmpowerHer event in March 2022. ITs\$Women is funded by ERASMUS Plus.

#### STAGEPASS IN LEEUWARDEN

In May Second Level Young People from Carndonagh Community School and Moville Community College had the opportunity of flying, along with IDP team members Paul, Denis and Tracey, and a number of their teachers, to Leeuwarden in The Netherlands to take part in the IDP led Stagepass.





StagePass is a two-year ErasmusPlus project led by IDP which connects young people from schools in Inishowen with peers from Northern Ireland, Ireland, Poland and The Netherlands. The students worked together before performing at the Liberation Festival Week in Leeuwarden.





### HAPPINESS PROJECT BUS TOUR

On Sunday the 29th of May, Carmel Gallagher's Happiness Project went on tour to Strand Hill Craft Markets and Donegal Town . 32 ladies from Inishowen headed off for the day on the bus trip and the the sun shone the whole way! Social Prescriber Carmel picked up ladies in Moville, Carndonagh, Buncrana and Burt. The women thoroughly enjoyed a day away from the household chores and were happy to treat themselves to crafts, food and plants at the market.

We returned home around 6pm refreshed having made new friends along the way. Looking forward to our next run out!

'As the number of Ukrainians continues to rise in the peninsula, the IDP team had responded across employment supports and community development; working locally with the communities in each area; and working in a coordinated response with the key agencies across the county. IDP continue to focus on applying the People, Place, Progress strategy regarding out Visitors From Ukraine (VFU): empowering local Community Action Groups (& hosts) through collaboration, networking and support; developing consistent and efficient guidance across the Inishowen peninsula; and networking with statutory bodies & Community Partners to ensure good practice is shared & challenges and inconsistencies are addressed. Since the beginning of April this year, IDP has worked in collaboration with partners to support approximately 175 VFU within Inishowen with a TRIAGE focus: from immediate needs, through accessing education & English development, to community integration and supports into employment'





# IT training at

IT training is available at IDP offices in Buncrana for anyone wishing to learn basic IT skills, upskill their current expertise or take part in an accredited course.

For more information on upcoming courses and training contact the office on 074 93 62218 or email denis@inishowen.ie



Pictured following the completion of course in excel and MS word are Denis Kelly, ICT Tutor with IDP, Monica Stanicioara, Marie Harrigan, Christina Quinn, Martine McLaughlin and Hilda McLaughlin

# Farm safety with IDP in our local schools

IDP is delighted to once again run the Farm Safety Programme across second level schools in Inishowen. Led by Joe Sweeney, Farm and Family Support Officer with IDP, this project supported by the North and South School Completion Programmes is a great example of collaboration and is an important element of our work under the SICAP programme.









Students from Moville Community College and Carn Community School enjoyed visits to Ballyhaise Agricultural College, local farms, and they completed a 'safe tractor driving 'course as well as completing the classroom component.



#### LAST MONTH people from Moville and Culdaff took part in the IDP's Smart Villages Training. This included representatives from community groups and individuals from a cross section including health and wellbeing, sport, heritage, environment and education. The LEADER funded Smart Village training has previously been run in Clonmany, Carndonagh and Buncrana.

## Volunteer Fair in Carndonagh



FOLLOWING on from the Smart Village training in Carndonagh,<br/>one of the main problems identified was retaining volunteers<br/>within the community sector. To address this the Committee, in<br/>partnership with Inishowen Development Partnership and<br/>Donegal Volunteer Centre, held a Volunteer Fair in the local hall.<br/>More than fifty community groups and organisations, identified<br/>in the Smart Village Plan, were invited to showcase their group<br/>at the event to highlight available volunteer opportunities. The<br/>event was a resounding success with a large group of individualsyouth Initiatives, women's<br/>groups, and community-<br/>based supports for<br/>Ukrainians. IDP were<br/>delighted to also fund<br/>Donegal's first Pride<br/>march and congratulate<br/>all involved in what was a<br/>real celebration and sense

#### Small Grant Funding

Twenty one groups across Inishowen received funding under IDP's SICAP Small grants programme for community and voluntary groups. The projects showed great diversity of activities and supports being offered by the sector, from environmental projects to youth initiatives, women's groups, and communitybased supports for Ukrainians. IDP were delighted to also fund Donegal's first Pride march and congratulate real celebration and sense of solidarity.

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IN MAY IDP, in collaboration with the IFAN MICA subgroup, concluded their second round of the popular community resilience training for families and individuals affected by mica, following the very successful pilot programme. Support for these two programmes, which were offered county wide, was through CYPSC. The training took place over four weeks in May on zoom and a number of mica affected homeowners took part as well as representatives from local groups and agencies supporting families.

IDP and IFAN will hold the follow up half day resilience training again later this year. Respite days are being planned for over the summer through a number of local member organisations. To find out more or get involved in the IFAN MICA subgroup you can contact Denise/Rachel at IDP.

MEANWHILE IDP and IFAN MICA subgroup are continuing to offer free counselling for Inishowen families affected by Mica. The counselling, which is funded by TULSA, is available to adults and children (7+yrs) and is provided through counsellors working with Moville Family Resource Centre and Lifeline Inishowen in Carn. IDP is also available as a location for these sessions. Contant IDP on 074-9362218 to book.



Earlier this year IDP launched their new Employment Services initiative with outreach support in Moville Carndonagh and Buncrana.

The new Local Area Employment Service involves a new Facebook page with regular job and employment updates for the Inishowen area, a jobs notice board at IDP Buncrana and handouts available for jobseekers. Other service such as: Writing your CV, Job Search Strategies, Where to Find Work and Returning to Education are also available. For more on this email: <u>emily@inishowen.ie</u>



AN exciting opportunity has come up for someone to apply to work with us at IDP, in partnership with Swilly CEP Ltd. Currently we have a vacancy for an Administrator (19.5hrs per week) This might be a great opportunity for you or someone you know! Contact: enquiries@inishowen.ie for a job description/application form or for further information.

#### **JUNE 2022**

Development Partnership

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# **Celebrating 10 years of ChangeMakers**

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On Thursday, June 9, up to 80 ChangeMakers gathered together for the ten year celebration of ChangeMakers Donegal. ChangeMakers - an Inishowen Development Partnership initiative which is partnered with Donegal ETB, Self Help Africa, Trócaire and Concern, and funded by Irish Aid, tackles global issues such as sustainability, climate change, Fairtrade, food waste and more, but on a local level within Donegal. Ably M.C.'d by Denny Elliot, Self-Help Africa, a variety of speakers took to the stage including founder members Crona Gallagher, Patsy Toland & Denise McCool, followed by Bebhinn Mullins, Sikhanyisile Dube, Maria Riordan from Irish Aid and ChangeMaker's steering group member Roisin O'Hara, Trócaire. Don Smith from Netflix's Kiss the Ground documentary was also present on the big screen after Joanne Bulter, development officer with ChangeMakers interviewed him prior to the event. The gathering included many of the 'Seeds of Change' groups, CM Facilitators and Mentors, and community activists who have worked with the project over the decade. The celebration was a great success reflected in the variety of community groups, statutory agencies, and social enterprises present on the day. Well done ChangeMakers and here is to the next decade of making change.



#### Celebrating10 years of ChangeMakers at An Grianan Hotel Burt





















## LEADER IDP's LEADER funding making a difference in the community









Two projects funded under IDP's LEADER Programme recently - the revamp of Fort Dunree and the creation of the Inishowen Artists Retreat and Studio on the outskirts of Carndonagh.

• The upgrade and modernisation of both the Museum and Exhibition centre at Fort Dunree was completed in August 2021 and was long overdue as their museum was more than 20 years old and was tired and dated. Fort Dunree also provides a network of walking paths which fulfil a need for visitors and more especially the local community, helping both their physical and mental wellbeing.

The total cost of the project was €217,580, with LEADER providing 68.94% - €150,000, Donegal County Council fronted €50,000 of the cost with the remainder coming from their own resources.

Fort Dunree continues to grow and meet the needs of both visitors to the area and the local community, with visitor numbers growing year on year.

A school of art with residency (accommodation) facility and teaching studio under Rural Tourism. Inishowen Artists Retreat and Studio, encompassing a School of Art based in the centre of Inishowen, accessing coastal, peatland and farming landscapes, set in an 1800's vernacular cottage in the hills outside Carndonagh

Funding was granted at 50% - €37,625.25 for restoring the external and internal building using traditional, original materials and making this building fit for purpose as an Arts retreat and studio. A painting school serving as the first residential rural creative tourism facility in Inishowen and Donegal for beginner, amateur and professional artists. An international artists collaborative, The Drawing Box' exhibited in Inishowen for the first time in March 22 at the studio.



#### **JUNE 2022**



# **CHANCE** project launched

ON FRIDAY, June 17, IDP staff gathered with delegates from the International Fund for Ireland at Tullyarvan Mill where the 2022 CHANCE youth project was officially launched. Paddy Harte, Chairperson of the IFI, who are funding the project, officially launched the 2022 programme, while praising the work that IDP, who are managing the programme, are doing. The C.H.A.N.C.E project is a targeted youth development programme that will provide personal one-to-one support for young people from Inishowen who are not currently in employment, education or training and who want to explore the different options that might be open to them in life. Eileen Hegarty is co-ordinating the project for IDP and to find out more contact her by emailing <u>eileen@inishowen.ie</u>



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#### UPCOMING NEWS AT IDP

#### Disappear Here Film Club



IN JUNE the Disappear Here film club, in partnership with ChangeMakers and Concern, was launched in Clonmany, The Film Club, will take place on the first Friday of every month and feature issue-led films that spark debate and conversation.

The next Film Club will take place on Friday, July 1 at The Market House in Clonmany. Entry to the film and post-screening discussion costs €7.50 and all proceeds go to the newly established 'Donegal Documentary Fund', to help raise awareness of sociopolitical and environmental issues in the county. The first film featured at the club was 'Border Tales' from Director Keith O'Grady. An oral history film, that addresses the void left by a generation of parents in the Northwest of Ireland.

# Enterprise Training going from strength to strength at IDP

2022 has been a busy year for Enterprise Training. In April 15 people completed the Start Your Own Business Course, followed by 12 people taking part in the Easi Bookkeeping in May and a further 14 completing June's Start Your Own Business Course. 13 people are currently taking part in a QQI Level 5 Payroll course through Donegal ETBs Community Education Support which got underway at the beginning of June. This blended learning course is running for 12 weeks and is due to finish around the end of August. The remainder of the enterprise training has wrapped up now for summer, however many more courses will be on offer from September.

## Customer service training

# with Skillnet

**Customer Service Training for Trade and Transport** Suppliers is taking place at the end of June. On June 29, between 1pm and 4pm, Skillnet are hosting a seminar in customer service training. This programme has been designed for customer-facing staff who are experienced in all the products and services a company sells. a vital support link to business and their customers. These team members speak daily to customers, stores, salespeople, and delivery teams, they communicate in person, on the phone, by email or on social media and co-ordinate all on behalf of the Business.. In the three-hour session, our trainer will be delivering top industry tactics and strategies to take skills to the next level for customers and business. The course is priced at €25. Email Christine@inishowen.ie for more info.



#### UPCOMING NEWS AT IDP



## Sage50 Training with Skillnet

DO you already use Sage in your business, but want to get more advanced? This Sage50 Accounts training will give you that advanced knowledge you are looking for. Skillnet Inishowen are delighted to be able to offer this course, which will include learning about the sales ledger, the purchase ledger, VAT returns, invoicing and stock control, order processing, project costing and much much more. The training is due to take place online over four Thursday morning starting on June 23. For more on this email Christine@inishowen.ie or www.inishowenskillnet.ie



# Encouraging men into childcare through the CE scheme

LAST MONTH IDP's CE Childcare Supervisor Pauline Coyle went on the road to talk to our few male childcare workers to try and understand why childcare workers are predominantly females, and understand why more men aren't getting into the sector.

In Bocan Pauline met with Manager of Bocan Creche Caroline Borden and male childcare worker Sean Carroll. Sean is a second year student at ATU (LYIT) and is one of four men doing the degree in Letterkenny with around 60 females taking part.

Sean believes many people still regard early years childcare as a 'woman's job' but believes changes to pay/conditions may also be a contributing factor as to why more men don't get into the sector.



Childcare worker Sean Carroll along with Pauline Coyle, IDP CE supervisor and Caroline Boarden, manager of Bocan Community Creche

Pauline, who supervises the Community Employment Childcare Scheme from Inishowen Development Partnership [IDP] on behalf of DSP would love to encourage more men to follow a career in childcare and she believes the CE scheme could be "a great place for anyone, who has been

unemployed for 12 months or more, to get involved in the sector". Through the CE scheme you get hands-on experience and your accredited training is fully covered. The new module that has been recently developed leads to a more professional qualification so it would give anyone a great opportunity

#### UPCOMING NEWS AT IDP

# **Supporting Wild Inishowen**

On Saturday June 19, IDP were delighted to support Wild Inishowen Club's Midsummer Celebration in a sunny Swan Park in Buncrana. There were wildlife displays, free pollinator



plants, wildlife information stall and information from **Inishowen Beekeepers.** It was a lovely day and IDP were delighted to support this event through the social inclusion and community activation programme. It was great to see so many Inishowen community groups coming together to host this laid

back family day out. Pictured [left] is IDP's Rachel Grant who was on hand throughout the day supporting Wild Inishowen and providing infomration on IDP.

# **Social Media Training at IDP**

IN July IDP are running a zoom social media course over three days for two and half hours

each lesson. The training covers all the necessary topics needed to use social media

to improve your business, including Facebook, Instagram and Twitter. For more on this course email sinead@inishowen.ie



# Eco Carn against invasive species training in the Colgan Hall

LEARN TO IDENTIFY

# ACTION AGAINST



On Wednesday, June 22, at the Colgan Hall in Carn, IDP are hosting the first in a line of workshops of invasive species training. The workshop is funded by the Community Foundation for Ireland and run in collaboration with the Inishowen Rivers Trust and Spraoi agus Sport. The first workshop tackles the problems and solutions of invasive alien species and takes place in the Colgan Hall from 7pm-8.30pm.

The event is free, however booking is advised and you can do so via the link on the poster. For more information contact Rachel@inishowen.ie

#### **New construction** courses available with Skillnet



#### **OUT AND ABOUT WITH IDP**



The second INBusiness Event for the construction industry at the Inishowen Gateway Hotel



EmpowHER event at the Inishowen Gateway Hotel in March



The team from Tank and Skinny's at the INBusiness event in Muff

Skillnet's Ana McColgan addressing the large crowd at the INBusiness event for the construction industry

IDP's CHANCE co-ordinator Eileen Hegarty talking to CHr. Rena Donaghey and IDP hairperson Helen Nolan at the launch of the 2022 CHANCE project in the Tullyarvan Mill



Ireland's European Structural and Investment Funds Programmes 2014-2020

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EUROPEAN UNION Investing in your future European Social Fund



Tionscadal Éireann Project Ireland 2040

The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020"



An Roinn Forbartha Tunithe agus Pobail

















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