|  | **What is on** | **Where** | **When** | **Who is it for** | **Who is the Contact** |
| --- | --- | --- | --- | --- | --- |
|  | **What’s happening in Education, Children, Young People, Families and Health and Well-being in Inishowen** | | | | |
| A green circle with white text and a mountain  Description automatically generated | Breakfast Club | Clonmany Community Centre | Monday – Friday,  7am-9:15am | National School Children | [afterschool@clonmanycommunitycentre.ie](mailto:afterschool@clonmanycommunitycentre.ie) or 0749376772 |
|  | Afterschool Club | Clonmany Community Centre | Monday – Friday,  1pm-7pm | National School Children | [afterschool@clonmanycommunitycentre.ie](mailto:afterschool@clonmanycommunitycentre.ie) or 0749376772 |
|  | Unihoc | Clonmany Community Centre | Mondays, 4:30pm-5:30pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Indoor Football | Clonmany Community Centre | Tuesdays, 4:30pm-5:30pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Dodgeball | Clonmany Community Centre | Wednesdays, 4:30pm-5:30pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Basketball | Clonmany Community Centre | Thursdays, 4:30pm-5:30pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Arts & Crafts | Clonmany Community Centre | Fridays, 4:30pm-5:30pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Movie Night | Clonmany Community Centre | Fridays, 5:30pm-7pm | Ages 4 to 12 | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Christmas Cookery & Baking | Clonmany Community Centre | Mondays for 6 weeks starting 21th October, 6:30pm-9pm | Ages 18+ | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Creative Wood Craft | Clonmany Community Centre | Fridays for 6 weeks starting 25th October, 7pm-9pm | Ages 18+ | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Introduction To Woodturning | Clonmany Community Centre | Wednesdays for 6 weeks starting 30th October, 7pm-9pm | Ages 18+ | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Kid’s Hip-Hop Dancing | Clonmany Community Centre | Mondays, 3pm-6pm | **3 Age Groups**  Ages 5-9, ages 10-13 & ages 13+ | Studio 47 Buncrana |
|  | Kid’s & Adults Martial Arts | Clonmany Community Centre | Tuesdays, 7:30pm-10:30pm | **3 Age Groups**  Ages 5-9, ages 10-13 & ages 13+ | 0864063771 |
|  | Kid’s Gymnastics | Clonmany Community Centre | Wednesdays, 4pm-7pm | **3 Age Groups**  Ages 5-6, ages 7-10 & ages 10+ | shootingstarzgymnastics@hotmail.com |
|  | Walking Football | Clonmany Community Centre | Wednesdays,  7pm | Men aged 50+ | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Chair Yoga | Clonmany Community Centre | Tuesdays,  11am | Men & Women of all ages | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Women’s Yoga | Clonmany Community Centre | Thursdays,  7pm | Women of all ages | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Men’s Yoga | Clonmany Community Centre | Thursdays,  8:30pm | Men of all ages | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |
|  | Wellness Café | Market House Clonmany | Mondays, 11am | Men & Women of all ages | [info@clonmanycommunitycentre.ie](mailto:info@clonmanycommunitycentre.ie) or 0749376772 |