

**People
Place
Progress**



**Inishowen
Development
Partnership**

Comhpháirtíocht Forbartha Inis Eoghain

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Supporting People is top of the Agenda for IDP

The latter part of 2024 was a rewarding and busy time for the team at IDP. We held a large number of events and courses and successfully engaged with hundreds of individuals from across the peninsula and beyond.

We hosted some large events such as the ChangeMakers Annual Conference - an inspiring day in an Grianan Hotel in Burt; the SEAI event organised for DCB homeowners which was massively attended by people from Malin Head to Newtowncunningham and right across to the east of the peninsula and then also our Fit4FarmLife project close with 150 farm family members in attendance .

For the IDP team, we continued to promote the People, Place, and Progress of Inishowen through the wide range of complementary Social Inclusion & Rural Development programmes while keeping the individual, community inclusion and wellbeing at its heart. Through LEADER, our staff initiated the rollout of the new programme aimed at stimulating & supporting sustainable & innovative rural development, building a diverse & sustainable economy, creating greater ownership of the environment, heritage & culture, to contribute to the quality of life of our people.

Collaborating with Tidy Towns to help make small changes

IN MAY the IDP Green Team invited Seamus McLaughlin of Buncrana Tidy Towns Initiative into our office for a lunch-time chat with staff about the work they do and talk about how we can better support them! Seamus was asked how best to advocate for the Tidy Towns and what we can do to make small changes ourselves to help improve the environment. Seamus talked about the work carried out with our ChangeMakers Donegal Sustainability Passport and how the Tidy Towns has evolved throughout the years. It was truly an inspiring lunch break! Thanks again Seamus!! Later in the year we were delighted to hear that they had achieved a gold medal and County award and congrats to all the Tidy Towns and Villages across Inishowen for their work keeping Inishowen beautiful.



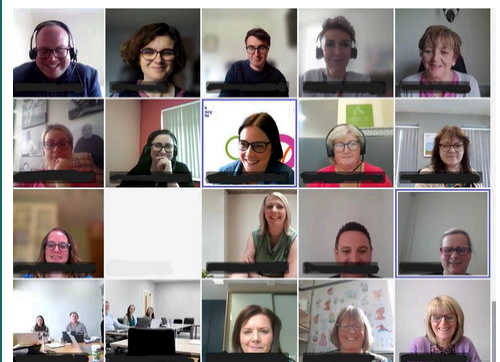
SPELLERS Movie Screening with IDP and Spellers NW at iCARE

Thanks to everyone who attended the SPELLERS Movie Screening Event hosted in ICARE in May in association with Spellers Northwest. It was an inspiring and hopeful movie, featuring non-speaking young people with autism who all found their voice through the process of using a letterboard to communicate their thoughts and feelings. The method, Spell 2 Communicate supports nonspeaking, minimally speaking or unreliably speaking individuals learn how to spell and type as their most effective method of communication. Pictured is IDP's Rachel Grant who co-organised the event in Buncrana



IDP take part in plain English training with NALA and Donegal ETB

We were delighted to have so many staff members take part in the National Adult Literacy Agency (NALA) Plain English training in May. Thanks so much to Donegal ETB for organising the session.



IDP at Lifeline Inishowen's Purple Day



In MAY IDP members joined Sergeant Charlene Anderson and Garda Anne McGreal from An Garda Síochána at Lifeline Inishowen in Carndonagh for their annual Go Purple Day.

Joint CEO Andrew Ward Community Development Officer Aine McLaughlin TUS Supervisor Paul McLaughlin and PR/Communications officer Katie Barr joined Lifeline Co-Ordinator Elly Barr.

We Can Quit has continued success in Buncrana



Another proud achievement for IDP's Sláintecare Healthy Communities Programme (SHCP) and the We Can Quit team. Nine participants successfully completed this 8week journey in Buncrana.

Here are some of the group [3 people missing on this particular evening.] receiving their Certificates - they are joined by our SHCP Community Facilitator Sheila Keyes. Thanks also to SHCP Facilitator Leanne Mc Brearty

The group programme is co-facilitated and each participant benefits from one-to-one and group supports. It wasn't easy at times but thanks to the wrap around approach to support everyone they got there! We are so proud of you all! WE CAN QUIT continues with IDP so if you want to start the quitting journey with us -then please contact 074 9362218 and ask for Claire or email claire@inishowen.ie for more information.

Introduction to Excel IT Class in Carndonagh

IDP hold a range of IT classes throughout the year thanks to our SICAP programme and IT Trainer Denis Kelly. Courses include Introduction to MS Word and Microsoft Spreadsheets/Excel. These courses equipped learners with the essential skills needed in today's modern IT world.

Denis provides courses in our Buncrana office but also in the community in Clonmany, Carndonagh and Muff. Below are some of the participants of the Introduction to Excel class from Carndonagh. Well done everyone



Erasmus+ Blue C Project comes to an end for IDP



And that's a wrap! The Erasmus+ BLUE - C PROJECT completed in April - It started in January 2022 and we are delighted to say that the final website and platform are now completed!

With all the feedback, tips and other comments gathered from the pilot test, we were able to fine-tune and finalise the platform.

This means that we can now officially say the platform is finished! You can find information, case studies and examples in the following topics:

Your ecosystem

Digital presence

Financial savvy

Team management

Green approach

Last week we caught up with our European partners EOLAS

IDEC Training Centre Business Development Friesland
Turun yliopisto - University of Turku Eurodimensions
Consultancy for our final online meeting - it was great working with you all on the blue economy project and we hope to continue to support each other and the SMEs in the blue economy in the future.

See more at: www.bluecommunities.eu/



years now, the BLUE-C consortium has been working hard to encourage coastal communities etc. to connect coastal entrepreneurs and to support these communities and entrepreneurs in their sustainable skills and search for opportunities for growth within their businesses and their etc. that we are almost working towards the end of the project, we can also share our final you!

A NEW FINNISH PARTNER ON THE HORIZON

doing so, we need to update you with important information. Unfortunately our user, the University of Turku, wasn't able to BLUE-C project with us. Luckily, we have a valuable party from Turku, Finland, willing to continue the great work of the BLUE-C project with us. The BLUE-C consortium is grateful for the support of the University of Applied Sciences (AMK) in Turku, Finland, who pick up BLUE-C and finish the project. A special thanks to the University of Applied Sciences for helping the project finishing its success in Finland!



LEADER project wins top award

A HUGE congratulations to Ross Buchanan from Carndonagh who won the Production Forestry Award at the RDS Finding Common Ground festival in May.

Ross' forestry previously received funding under our LEADER programme.

The judges said: "Ross is finding unusual markets for some of his products - from using spruce brush for stream stabilisation to using wood chip for suppression of Japanese knotweed. He also has a large number of beehives in a clearing within one of his spruce crops. Ross and his family are committed to this land into the future and have very ambitious plans for tourism opportunities in the coming years."



ChangeMakers Donegal annual seminar attracts huge crowd in Burt



In MAY the ChangeMakers Donegal Annual Seminar took place at An Grianan Hotel in Burt.

The event attracts people and community groups from across the county each year who come together with the idea of change on their mind. And this year was no different - a massive thanks to everyone who made our ChangeMakers Donegal annual seminar a huge success. Thanks to our speakers, stall holders, Seeds of Change recipients and everyone involved with ChangeMakers

It truly was a great day of inspiration hope and change. Thanks to the team at Highland Radio for broadcasting from the seminar and covering the topics so well and finally to Bernadette McAilskey our keynote speaker, thank you for inspiring change hope and collaboration - your words were an inspiration to us all and we thank you for attending our event. ChangeMakers is an IDP-led initiative partnered with Donegal ETB, Self Help Africa, Trócaire and Concern Worldwide and funded by Irish Aid.

Be the Change! Sustainability Course a big success



Our 5 week QQI Level 4 in Environmental Sustainability course got underway in Barrack Hill in Carndonagh. The course aimed to raise awareness of the impacts of environmental change and key sustainable practices that can be implemented at individual and community level.

It was held in collaboration with **Change Makers Donegal** and **Donegal ETB**.

Participants had workshops on the Sustainability Passport and Food Waste and Sustainability.

We also had a great learning session with Aengus Kennedy of Naturenorthwest where they focussed on Biodiversity and Greening your community.



IDP Staff take part in Equality and Human Rights training

Staff from across IDP's team took part in Equality & Human Rights training in the **Inishowen Gateway Hotel, Buncrana**. Thanks to Donegal Intercultural Platform and Think Equality Donegal for delivering the training and to everyone who attended the workshop. The session was funded by Donegal County Council's EuBelong Project. This links to the BME Inclusion Strategy. Well done to everyone who took part in the training!



Leader project wins national Sustainability Award

A huge congratulations to **Living Green Health** of Quigley's Point who won the Green Sustainability Award at the National Enterprise Awards in Dublin in May.

We are proud to have been able to support Neil and Brenda on their journey through LEADER funding.

To find out more about the New LEADER contact our Carndonagh Office at Pound Street Carn or by calling us there on 07493-73083



Financial workshop with local banks for SMEs at Inishowen Innovation

A truly informative morning at Inishowen Innovation - ii - Inspiring Imagination at our Financial Workshop. Thanks to our speakers Eileen Sweeney from AIB, Enda Mulligan from PTSB and Phillip McGonigle from MLMG Financial Hub for outlining funding opportunities for our start-ups and giving vital business advice and insights they can use as they develop and grow their businesses. This was a great opportunity for new SMEs & Start-ups who are wanting to take their business to the next stage.



FINANCIAL WORKSHOP

For New Start-ups / SME's

Date: May 22nd 2024
Time: 10:00 am - 11:30 am
Location: Inishowen Innovation (ii)
Buncrana F93 RT73

Learn more about:
 Business Banking ☒
 How to access finance ☒
 Accounting/Financial Advice ☒

Register Now for this FREE event
sinead@inishowen.ie

Co-funded by the European Union

The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Government of Ireland, through the Department of Rural and Community Development, and the European Social Fund Plus under the Employment, Inclusion, Skills and Training (EIST) Programme 2022-2027.

Registered Charity No: 20067196 CO. REG. 047893 CHY17949

Phillip McGonigle
MLMG Sinead McDaid
IDP
Eileen Sweeney
AIB AnneMarie McLaughlin
The II and Enda Mulligan
PTSB



Take the CHANCE with IDP



In August IDP, thanks to funding and support from the International Fund for Ireland (IFI), began to recruit for the next cohort to be supported under the CHANCE project.

CHANCE is a project that supports young people aged between 16-25. It is a wrap-around and tailored programme that focuses on the personal and capacity development of those not in full-time education, employment or training. We have seen so many success stories from CHANCE over the past six years where young people may not be sure about what's next. With CHANCE, and this investment from the IFI, IDP creates a place and space for young people to be supported to face any personal challenges, emphasise their strengths and explore their future options. For 2025 - this could be the CHANCE for you! Get more information by contacting the Chance Coordinator barry@inishowen.ie



DCB Health & Wellbeing supports piloted in Inishowen Schools



In MAY IDP, thanks to funding received from Inishowen CO-OP, rolled out four pilot programmes across primary and second level schools in Inishowen to support the mental health and wellbeing of young people and children whose homes are impacted by defective concrete blocks. St. Francis' NS in Clonmany, Scoil Eoghain in Moville, Carndonagh Community School and Scoil Mhuire in Buncrana were chosen to host the pilot programmes. These involved resilience training, coping mechanisms, CBT exercises and teaching young people how to deal with their big emotions. Parents were also included as



part of some of the programmes for younger children. Denise McCool, who facilitates the interagency subgroup, said the pilots came about following a survey by the IFAN [Inishowen Family Action Network] DCB [defective concrete block] sub-group. The survey results showed that 72% of respondents said the DCB crisis was having a moderate to severe impact on their children. Gareth Whitmore GM of Inishowen Co-Op said they were happy to be able to collaborate with the IDP & IFAN DCB Sub Group to deliver the programmes to local schools.

Launch of new Donegal Heritage Plan

In MAY IDP's Development Officer Tracey McRory along with Hugh Farren from Colgan Hall and Heritage Officer with Donegal County Council Joesph Gallagher attended the launch of the new County Donegal Heritage Plan, unveiled at Lough Eske Castle.

The comprehensive 7-year plan is dedicated to preserving, promoting, and celebrating the rich and diverse heritage of County Donegal



Another fun bus trip with our Social Prescriber in Inishowen

Another Fab day out for our Social Prescribing Inishowen crew at the end of May. Donegal Town was the location and while the weather wasn't great the craic on the bus was mighty!

Thanks as always to our Social Prescribing Link Worker Carmel Gallagher for coordinating the trip and to everyone who came along and enjoyed the day

To find out more about social prescribing email carmel@inishowen.ie



Introduction to Social Media for Business - fully booked

Congratulations to the 10 participants who completed a 6 week course in Introduction to Social Media for Business. This course began in May and very quickly booked out due to popularity.



This course was funded by Donegal ETB. Picture includes few of the participants with Trainer Emma Murray Stylist, ETB Engagement Officer Donna McDade and IDP's Enterprise officer Sinead McDaid

Destination Donegal for Bealtine Festival in Buncrana

In May people in Inishowen were invited to take a special walk down memory lane at Buncrana Cinema. The participants dove into our cultural past through film as part of the Bealtine Festival - An Age and Opportunity arts initiative. IDP hosted the event in collaboration with ChangeMakers Donegal. The event featured archive footage of Donegal from the Irish Film Institute (IFI), including the Angling Festival in Moville (1959), boat-building in Killybegs and carpentry projects in Teelin as well as local recordings from the past compiled by Hugh Quirke. The event was very well attended with buses coming from throughout Inishowen



Active Citizenship & Voter Education course with IDP and ChangeMakers

In May IDP and ChangeMakers Donegal were delighted to collaborate on a new course 'Active Citizenship & Voter Education'. Held over four weeks the course aimed to equip people with more knowledge on the importance of using your vote wisely. It was a great four weeks of discussion, reflection and intercultural sharing.

Thanks to our wonderful facilitator, Julie Griffiths and also to Patsy and Cara from our panel for a great additional workshop which looked at the Proportional Representation voting system which is used in Ireland. It underlined the importance of stating all your preferences to as many candidates on the ballot paper as you wish.



Café & Deli programme a success in Buncrana

In May our ever popular cookery programme got underway in Buncrana.

The café and deli cookery sessions with Level 2 Foundation in Food Safety Catering [HACCP] included teaching the participants a range of new skills such as knife skills and how to prepare practical everyday dishes that would be perfect in any café/deli environment

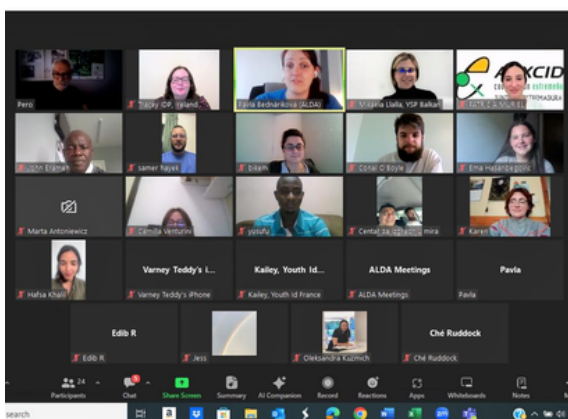
Our experienced trainer Martin Lynch guided the different skill levels every step of the way. The classes were free to attend for unemployed/jobseekers thanks to funding from Taste4Success Skillnet. The sessions were delivered in Crana College under the watchful eye of experienced trainer Martin Lynch



Civic Advocacy Training with PAVE project

In May IDP's Tracey McRory took part in an online Civic Advocacy Training as part of the PAVE project. Participants learned about the various topics of advocacy, analysing and mapping barriers and solutions in civic advocacy.

Participants also got tips on effective communication strategies for peacebuilding advocacy work, and much more. Thanks to everyone involved it was a worthwhile & informative training session



Healthy Cooking Classes

In May our Sláintecare Healthy Communities Healthy Food Made Easy cookery programme took place in Buncrana Youth & Community Development centre. The six week Healthy Food Made Easy free programme follows a healthy eating programme in a simple family friendly way and in a relaxed social and fun environment. It teaches you the basics of healthy eating on a budget.

If you are interested in attending a FREE six-week program, please get in touch by contacting Niamh on 074 93 62218 or email niamh@inishowen.ie to register.



EMPOWHER seminar takes place in Lifford

IDP's Community Development Officer Aine McLaughlin was delighted to attend Donegal County Council EMPOWHER event in Lifford. The event provided a platform for women to voice their aspirations, share their concerns, and work towards a more inclusive political landscape.

Eileen Magnier, former RTE North West Correspondent moderated the 'EMPOWHER' seminar which looked at increasing female participation in politics in Donegal



Raising the Flag for Love Inishowen Day

JUNE 8th this year was the new official I Love Inishowen Day. AN initiative by one of our ISEN members Explore Inishowen the day was a lovely celebration of our beautiful peninsula. Our Joint CEO Andrew Ward had the honour of unveiling and raising the new Inishowen Flag at the Tourist Office on Railway Road having floated the idea at a board meeting!. It was a lovely day of celebrating Inishowen products and suppliers and we look forward to the next one in 2025.



Supporting Men's Health Week



Disappear Here Film Club goes on the road for Inishowen Pride

THE BUNCRANA premiere of a documentary produced by the Donegal LGBTQ+ Heritage Project was held during Inishowen Pride Weekend at the beginning of June. 'Mise' delves into the hidden pages of Donegal's history books to unveil the untold stories of our community of LGBTQ+ and allies.

The Disappear Here Film Club

is a partnership between IDP, Disappear Here Film Festival, ChangeMakers Donegal and Concern Worldwide



IT training with iAdult and IDP



A massive well done to this group of young people from the iAdult Day Service who recently completed classes in MS Word and Coding skills with our IT Trainer Denis Kelly. The group showed great enthusiasm for learning and brushing up on their computer skills.

To find out more about upcoming free IT classes and sessions email denis@inishowen.ie

Easi Bookkeeping course completed

Congratulations to our 11 participants who successfully completed our SICAP funded Easi Bookkeeping for Small Business Course on June 11th & 13th, under the guidance of Business Trainer Bridgita Kelly. To find out more email sinead@inishowen.ie



Walking football a hit in Greencastle

In JUNE we were delighted to get our walking Football Programme off the ground in Greencastle.

The programme was the first initiative we facilitated as part of Active Inishowen project which IDP run in collaboration with Donegal Sports Partnership. Kevin McLaughlin our project worker for this programme noted “it was a great session in Greencastle Community Centre - A bit of exercise, some competition and lots of laughs along the way!!”

We are delighted to say Walking Football continues every Wednesday in Greencastle at 11am and open to new members!

Thanks to Moville District Family Resource Centre and Social Prescribing Inishowen for their help in facilitating the pilot programme



Addressing climate justice with the National Women's Council at Barrack Hill

IDP and ChangeMakers Donegal hosted a study visit for feminist communities for their climate justice programme at Barrack Hill Town Park & Community Gardens Carndonagh in June.

We were delighted to link in with Collette McEntee, National Women's Council of Ireland and Catherine Friel of Donegal ETB and have the chance to explore the challenges and opportunities for addressing climate change both personally and at a community level, whilst also recognising systemic changes that need to happen



Start Your Own Business course with IDP



SOME of the participants of the June Start Your Own Business course which took place on Tuesday 25th and Wednesday 26th June in IDP Buncrana. SYOB tests the viability of your business idea and outlines the steps involved in becoming self-employed, including financial support available and key market research. This course, which is funded through our SICAP programme and was delivered by Business Trainer Emma Farren. It is a must for anyone who is thinking of taking that leap into Self Employment.



Please are limited, to find out more about future courses email sinead@inishowen.ie or call us on 074 93-62218

Attending the ii- Inishowen Innovation advisory board meeting

We were happy at attend the Inishowen Innovation - ii - Inspiring Imagination in June for their Advisory Board meeting with ERNACT and other partners.

Congratulations also to outgoing Cllr Rena Donaghey, a former IDP board member, on her retirement from Donegal County Council



IDP Green Team and CHANCE Project collaborate for sustainable clean up

In June IDP's Green Team, in collaboration with the International Fund for Ireland (IFI) CHANCE Project, began the task of revamping our Buncrana office entrance.

The Green Team along with CHANCE participants focused on creating sustainable and decarbonising zones in the area around our building. Our stunning planters were custom made for us using all recycled wood by the team at Moville Men's Shed. Thanks also to our colleagues at ECO Inishowen Buncrana Tidy Towns Initiative and Change Makers Donegal for supporting us in this project.

Guidance and advice also provided by participants on the QQI Level 4 Environmental Sustainability Awareness course.



Preparing for workplace success with IDP

Funded by our SICAP programme the course 'Preparing for Workplace Success' equipped participants with the soft skills and attitude needed to succeed in your job!

The practical two day course covered a variety of topics including: Workplace attitude and etiquette; Positive Relationships at Work; Communication; Time Management; Digital Literacy and Workplace stress

The course was free to attend and open to everyone. Thanks to our tutor Sue Doherty for facilitating the course in our Buncrana office.



Developing Walking and Cycling Hubs

As part of the new Active Inishowen Project, IDP in collaboration with Donegal Sports Partnership (DSP) aim to establish new dedicated walking and cycling hubs in Inishowen. In June IDP held a consultation evening in the Colgan Hall Carndonagh to discuss the barriers to walking and cycling in Inishowen. As part of the workshop

IDP, DSP, and their consultation partners Outscape explored new ideas on how best to get more people walking and cycling around Inishowen. IDP and Donegal Sports Partnership secured funding under Dormant Accounts, administered by Sport Ireland to develop a Walking and Cycling Hub on the Inishowen Peninsula.



Kevin McLaughlin
Active Inishowen Officer IDP
Claire McLernon
Outscape
Denise McCool Team Lead IDP and Joe Murray Outscape



Supporting Wild Inishowen Mid Summer Celebration

IDP were delighted to be able to support the Wild Inishowen Club in the Mid-Summer Celebration of Nature event in Swan Park Buncrana under our SICAP community organisations grant programme.



Advanced Excel training held through the INBusiness programme



We held our bespoke Advanced Excel training at the IDP office in Buncrana in June. This programme came about as a request from a number of local employers through our INBusiness programme. The programme was delivered over the last 4 weeks by tutor Helen Douglas. Well done to everyone involved it was great turnout and contribution every week.

Presenting at the North Atlantic Forum

In June our Joint CEO Shauna McClenaghan had the opportunity to contribute to the North Atlantic Forum on Sustainable Livelihoods in rural communities with colleagues from other Local Development Companies (LDCs) joining the discussion panels. Thanks to Gabriel O Connell from Monaghan Integrated Development CLG, Karen Mannion of FORUM Connemara CLG Linda Sice-Brogan from Galway City Partnership for reiterating the stories of LDCs and the range of work we support in our communities using community led local development.



Healthcare CE Scheme

Have you been unemployed for more than 12 months and are interested in getting employment in the healthcare sector in Inishowen?

Then our new CE scheme could be the perfect opportunity to ease back into the labour sector at a pace that is suitable to you.

To find out more contact our CE Supervisor Shauna by calling her on 086 1990219 or email: shaunagallagher@inishowen.ie



Employment and IT support with Donegal Horizons in Carn

An inspiring morning at **Donegal Horizons CLG** in Carndonagh where our Employment Support Officers Emily and Mary held an interview preparation workshop with the gang. This was the third and final session with our employment support team and we couldn't be prouder of the progress they made.

We hope the participants found the sessions useful for gaining work experience and employment in the future. We can't wait to work again with them in September.



Successful Volunteer Fair in Buncrana

In July our Community Development team organised the Buncrana Volunteer Fair which drew a great crowd to St Marys Hall Buncrana - groups were pleased by the turnout and the eagerness to volunteer.

A special thank you to the 26 local community and voluntary groups who attended the fair without your support and dedication to your organisation events like this would not be possible.

Thanks also to Donegal Volunteer Centre for their collaboration in making the Volunteer Fair a reality and to the staff (and volunteers) of St Marys Hall Buncrana who went above and beyond as always!



Community Bake-Offs in Moville and Buncrana

As part of Insight Inishowen Feel Good Fortnight in July, IDP hosted two community Bake Offs in Buncrana and Moville.

This was a great opportunity for people to get out meet new people and get the chance to not only sample some lovely home bakes but also a chance for the avid home bakers out there to win some prizes for the most beautiful and delicious cakes and bakes.

This Bake Off Competition was open to everyone of all abilities and ages with donations accepted on the day for local charities



CE Participants take part in vital CPR training

Participants on IDP's Health and Social Care CE scheme took part in Cardiac First Response Community training with L and D Training in July. Organised by CE Supervisor Shauna Gallagher and funded by the Department of Social Protection the training is vital for the participants as they carry out placement in the community. Well Done to all involved.



JULY 2024

Basketball - Intro to Coaching Course

In July IDP in partnership with Donegal Sports Partnership and Basketball Ireland hosted a brand new course - an Intro to Basketball Coaching!

This course was perfect for parents, volunteers, former players, or anyone looking to get more involved in basketball or enhance their skills.

It took place on Saturday, 27th July in Quigleys Point Community Centre. We were delighted to collaborate with DSP once again on this project.

For further information:

Email: hugh@activedonegal.com



20 Days in Mariupol at Buncrana Cinema

ON Saturday 13th July IDP Ukrainian Integration (H&W) worker Alex Logvin, in collaboration with the local Ukrainian community, hosted a showing of of Academy Award winning 20 Days in Mariupol - A Film by Pulitzer Prize-winning Ukrainian Journalist MSTYSLAV CHERNOV

Around 50 people came to the showing of the award winning powerful documentary at Buncrana Cinema which depicts a gruelling but vital look at the devastating impact of the start of the war in Ukraine.

Thanks to Child and Family Agency - Tusla for funding support and St Marys Hall Buncrana for hosting the event



Participants successful complete QQI Payroll Certification

Congratulations to this group of participants who successfully completed the QQI Level 5 Manual and Computerised Payroll course after completing their final exam in July. This 10 week course equipped the participants with the knowledge, skills and competence to operate and maintain accurate payroll records using manual & computerised systems.

Thanks to trainer Emma Farren and to Donegal ETB who part funded the course through their Community Education Support Programme.

For further payroll courses contact IDP Enterprise Officer Sinead McDaid at: sinead@inishowen.ie



Rose is loving life on Health and Social Care CE Scheme

IN July IDP caught up with Clonmany mum Rose McGuigan - a participant of our new Health and Social Care CE Scheme.

Here is Rose's Story:

When Clonmany woman Rose McGuigan tried to get into the workforce after taking sometime out to have her children she found it very difficult to get something suitable.

Times had changed in the years she had spent at home with her son and daughter and her previous qualifications were no longer deemed relevant.

It wasn't until she saw an advertisement on Facebook about Inishowen Development Partnership's new Health and Social Care CE

Scheme that she had the idea of getting into a new career altogether- caring. "Although my background is in childcare I always wanted to get into caring and working with older people," said Rose. "When I was younger I used to really enjoy visiting our older neighbours so getting on this new CE scheme has been perfect for easing back into employment."

Rose is now completing hands-on work experience with St Columbcille Village in Clonmany since January while also completing vital training and studying towards her major qualifications.

Through the Health and Social Care CE Scheme participants are able to complete work experience in a healthcare setting



locally whilst also working towards their QQI qualifications. They are also able to avail of benefits such as reduced childcare and a medical card. Anne Doherty Manager of St Columbcille Village in Clonmany said they are so happy to have Rose in their 13 bed residential care home.

"The staff here and the residents love to see Rose coming - she is an extra pair of hands to help out with the jobs or to help the residents. Since being here on the CE scheme she has made the most of everything she does and it has been a great learning experience for her. You can tell this is something she really wants to do."

The Health and Social Care CE is funded by the Department of Social Protection (DSP)

For more information on the scheme and current vacancies or to confirm eligibility contact, CE supervisor Shauna: 086 1990219/shaunagallagher@inishowen.ie

Social Prescribing Bus Trip to Bushmills

Another great day out for our Social Prescribing Crew!

They firstly travelled to the stunning Creative Gardens Bushmills before heading to the picturesque promenade of Portstewart.

Blessed with dry weather throughout the trip everyone had a great day together shopping, walking, talking and eating

Thanks to our Sláintecare Healthy Communities Programme Social Prescribing Link Officer Carmel Gallagher for organising the trip. To find out more about future trips like this contact Carmel on

0860406950



IDP out in force for Agricultural Shows in Carn and Clonmany

In July there was another fabulous Inishowen Agricultural Show in Carndonagh - the weather may not have played ball but it didn't dampen the spirits of the hard working committee or the crowds of people who attended the show.

This year IDP teamed up with the Sláintecare Healthy Communities Programme by holding two airfryer demonstrations in the Inishowen Co Op tent. Thanks to everyone who came to our cookery demonstration and to the team at Inishowen Co Op for hosting us in their tent this year.



Promoting composting and reducing food waste at the Clonmany Agricultural Show

In August IDP spent a great two days at the Clonmany Agricultural Show with our colleagues from Change Makers Donegal and the Sláintecare Healthy Communities Programme team in the farm and nature tent! This year we focussed on composting, food waste and giving practical advice & tips on food preservation. We met so many people from all over Inishowen and across the country and we hope you enjoyed all our healthy samples. Thanks so much to everyone in the committee- it was such a special event to be part of.



Six Inches of Soil at Disappear Here Film Club in Clonmany

IN August 40-plus people joined ChangeMakers Donegal & IDP's Community Development team at the Clonmany Festival special of the Disappear Here Film Festival.

We would like to thank our partners Disappear Here Film Festival, our funder Concern Worldwide, and Clonmany community centre for their continued support. A special thanks to Grainne O'Neill at Siolta Chroi, Monaghan, and to Kevin and Claire Moore at KPM Soils for partnering with us. Appreciation also to Bronagh O'Kane, Soil Farmer of the Year Finalist 2023, for travelling from Cookstown, and to Bernard de Ceuster of Muineagh Organic Farm for providing the beautiful, colourful, and nutritious food.



SICAP Small Grants Programme

In August we launched our second round of 2024 Small Grants Fund to help 'contribute towards building a more sustainable, inclusive and empowered community'. The SICAP [Social Inclusion Community Activation Programme] Small Grants Fund supports community groups and smaller social enterprises to reduce poverty and promote social inclusion through engagement and collaboration.



IDP attend Muff Festival



Thanks to Muff Feile for hosting our team members Kevin and Shauna at their festival over the August Bank Holiday! It was great to connect with and meet with people in that area.

Clonmany Health & Wellbeing Day



As part of the Clonmany Festival in August Our Community Food and Nutrition Officer Niamh Britton attended the health and wellbeing day in Clonmany Parish Hall

Craic and Chat at Buncrana Movies & Tea

We had a full house at the Movies & Tea in Buncrana Cinema at the start of August.

We also had some visitors from Derry and the craic and chat was great as always. New friendships formed - it's always good to chat!

Movies & Tea continues - see Buncrana Cinema and IDP Facebook pages for more info



ROI Walking Football manager attends our Greencastle session

We were delighted as part of Active Inishowen to have Republic of Ireland Walking Football manager Dermot Hurley at our Walking Football session in Greencastle Community Centre in August. Dermot was so impressed by our players and the energy of the session. Thanks as always to our partners Donegal Sports Partnership; and Moville Family Resource Centre

who have been extremely supportive since the sessions began. Walking football continues in Greencastle every Wednesday 11am, new players welcome



IDP's LinkedIn training books out

IN August we held a LinkedIn Workshop online for SMEs or entrepreneurs in Inishowen who want to learn more about LinkedIn and how to use the social media platform in the most effective way.

It was a great training session and helped us to supercharge our profiles for business promotion, whilst also reaching new and professional audiences. Thanks to everyone for attending the sessions.

LINKEDIN WORKSHOP

Optimising Your Use of LinkedIn

This training session will give you the skills you need to use LinkedIn to supercharge your business promotion and B2B marketing Lead Generation

Fully Booked

Wednesday 21st & Wednesday 28th August
7:00pm - 8:30pm each evening
Online - Free through booking in

Kialtas na hÉireann
Government of Ireland

Ama chomhoibriú ag an Aontas Eorpach
Co-Funded by the European Union

The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Government of Ireland, through the Department of Rural and Community Development, and the European Social Fund Plus under the Employment, Inclusion, Skills and Training (EIST) Programme 2023-2027

Donegal Sports Partnership
Moville Family Resource Centre
IDP

Registered Charity No: 20067786 CO. REG. 447893 CH117495

Drive to Thrive a huge success in Carn and Buncrana

A large group of people in Buncrana and Carndonagh took part in our Drive to Thrive programme, which supports people to obtain their Driver Theory Test, while improving their language and digital skills. It is funded by the Adult Literacy for Life Collaboration and Innovation Fund. Participants successfully completed an 8-week structured programme to assist them in obtaining their provisional licence. They were then taken by bus to Letterkenny to sit their Driving Theory Test. Wishing them all the best!



Free Summer Camps for teenagers

In August IDP's CD Team member Barry McLaughlin with Donegal Sports Partnership hosted free multisport summer camps in Cockhill and Carndonagh. Activities included were: Olympic Handball Cricket Tag Rugby, Fun Football. Dozens of teenagers took part and the feedback was great from them.



Free Bike Health

In August IDP and Donegal Sports Partnership hosted a free bike check-up Carndonagh with The Bike Mobile as part of Sport Ireland HERoutdoors Week. Services include: FREE Tyre Pressure & Condition Check FREE Brake Adjustment and more



Celebrating Ukrainian Independence

A full house at St Marys Hall Buncrana on August 24 as IDP joined together with the Ukrainian Community Support Co. Donegal to celebrate Ukrainian Independence Day. The community came together to organise a wonderful event full of culture and traditions and we were happy to be able to facilitate this for the local Ukrainian community who travelled from all corners of the peninsula to be there. Thanks also to Donegal Volunteer Centre for their support and help in putting on the event



SYOB course goes to Carndonagh

In September our Start Your Own Business course took place in the Colgan Hall, Carndonagh. 14 participants successfully completed this 2 day programme, equipped to explore all aspect of self-employment, delivered by Business Trainer Stephen Friel. This course is a must for anyone who is thinking of taking that leap, and it's FREE to attend. For more Info: email sinead@inishowen.ie



Full house at SEAI/DCB event

AROUND 350 people attended a special information session with officials from SEAI for homeowners with Defective Concrete Blocks in Buncrana in September. The event attended predominantly by DCB homeowners but also a constituency of local contractors and tradespeople came out on the night. SEAI Head of National Retrofit & Communities, Brian O'Mahoney, along with Programme Manager National Retrofit, Stephen Farrell, outlined the various grants and supports now available for DCB homeowners when renovating or rebuilding their homes. The event was organised by Inishowen Development Partnership following a large volume of requests for further information through IDP's DCB Facilitator Michelle Coyle.



ADHD Parents Plus Support Group

THIS Autumn IDP kicked off its Sláintecare Healthy Communities Parents Plus Programmes with a new ADHD Children's Programme. The ADHD programme is a new programme which addresses the needs of parents of children with ADHD aged 6-12 years and helps them to support their child through life. We held an informational coffee morning in Carndonagh. It was a chance to meet other parents in a group programme that is cofacilitated in the community - To find out more about the programme email claire@inishowen.ie for more information.



Pathway to Progress at IDP Carn

Thanks to everyone who came to Pathway to Progress coffee morning in Carndonagh in September. It was great to see so many eager people in the room and get a chance to talk to them one to one over a cuppa.

We united with our TUS and CE Supervisors to talk through the variety of options and supports available through IDP in Inishowen.

It was well attended and there was lots of great conversations had and connections made.



Board games for all at Buncrana Library

IDP Community Integration Team member Patricia Higgins in collaboration with the Donegal Co Co Library Service introduced a new 'Come have fun with everyone at Buncrana Community Library' - a new drop in social board game session in September.

This is free to attend and open to everyone. The fun gets underway at 11am and there is no need to prebook! Come play old games, learn new games and meet some new people!

This project is supported by the International Protection Integration Fund



Crossing borders with new IFI women's project



A NEW cross-border project, which aims to connect women from different areas and cultural and religious backgrounds, is being rolled out in Inishowen and Newtownabbey. 'Women Crossing Borders' will unite women from Inishowen with women from the predominantly Protestant Rathcoole Housing Estate in Newtownabbey. The project is the latest International Fund For Ireland backed project in Inishowen and is



being rolled out by IDP in Buncrana along with the Breen Centre in Ballymoney. Áine McLaughlin, Community Development Officer with IDP said they are delighted to have received the funding from the IFI to roll out this exciting new project, along with the Breen Centre. A large group of local women have signed up to the programme and daytrips and meet-ups are continuing. A second programme will start in February 2025.

Beach Clean up in Moville to mark #SDGWEEK2024

In September ChangeMakers kicked off [#SDGWeek2024](#) by participating in a Beach Clean in Moville with [Clean Coasts](#) and the Future Island Project.

TY pupils from Moville Community College collected litter along the Shore Path. They collected numerous bags of waste, which is concerning, but the good news is that researchers from the Future Island project will now sort through the materials to repurpose them leading to the creation of filament for 3D printing. We are delighted to have facilitated the introduction between Clean Coasts and Future Island and to have shared our Sustainability Passport with Moville Community College.



Changemakers Local and Global Development course begins in Letterkenny

Changemakers Local & Global Development Awareness Course got underway in September with Francine Blaché-Breen in Letterkenny. This course is designed for adults in County Donegal who are interested in and committed to using their learning to enhance the Development Education sector in the county.



Meeting an Taoiseach in at Newgate in Derry

Our Joint CEO ,Shauna McClenaghan and Project Development Officer, Tracey McRory got to meet with An Taoiseach Simon Harris in Newgate , Derry today. They got to meet with him and speak about our cross border work. Thanks to our partners at [New Gate Arts and Culture Centre](#) for the kind invitation and the opportunity to hear about our project.



Training in full swing in September

In September, we launched our Autumn Training schedule, providing a diverse array of lifelong learning opportunities to help individuals enhance their skills. Supports included upskilling and re-skilling courses such as introduction to Administration & Finance, IT courses, Hospitality training, Health & Wellbeing etc. The IT courses, including Introduction to MS Word and Microsoft Spreadsheets, were highly popular with participants. Delivered by IDP IT Trainer Denis Kelly.. These courses equipped learners with the essential skills needed in today's modern IT world

Also in September another group of people started our QQI level 5 in Bookkeeping - Manual and Computerised.

This 10 week course taught the participants how to produce and maintain accurate bookkeeping using manual and computerised systems.

It was the ideal course for people wishing to upskill, or improve your employability skills.

Thanks to trainer Emma Farren and **Donegal ETB**. This course is part funded by Donegal ETB's Community Education Support Programme.

To find out more about training at IDP email: sinead@inishowen.ie



Free Employment Support with IDP

IDP's Employment Support team held a series of support workshops in September for people who required CV support, Career Planning, advice on returning to Education, info on local job opportunities and interview techniques.

The support workshops were held in Carn and Buncrana and they continue throughout the year.

To find out more about IDP's FREE employment support service call us on 0749362218.



Éanna Ní Lamhna wows Inishowen with her Wild Talk

In September we were talking wild with renowned author, environmentalist, and RTÉ Presenter Éanna Ní Lamhna. It was great to have a full house for our ECO Inishowen event and so positive to see so many people coming together, eager for change and to listen to Éanna's inspirational talk. Thanks to our Community Development team and colleagues at Change Makers Donegal for their collaboration on this event and to Donna Marie Doherty from Highland Radio for taking part in the evening.

The following day was spent showing Eanna some of the environmental landmarks of Inishowen and planting some trees along the way - first up was Barrack Hill Park in Carndonagh where we met with local community groups as well as park members. This was followed by a trip to Desertegney to visit



the wonderful Sharagore Wetland trails with Wild Inishowen. We also met with members of Buncrana Tidy Towns, local school children and other local groups for a tour around the trail to witness

biodiversity in action. Éanna was impressed by both sites saying that the groups were a credit to Inishowen. We want to thank her for taking time to come to Inishowen - for her time energy and enthusiasm. Further info: Denise/Rachel

Supporting the Walking Festival in Malin Head

IN September we were delighted to support our Inishowen Social Enterprise Network (ISEN) colleagues at the Inishowen Walking Festival. Connecting Communities Officer Patricia Higgins brought some of the residents from the IPAs centre in Buncrana to Malin Head. They took part in a community walk to Portmore Pier as part of the Go Visit Inishowen, Walking Festival. It was great to have the opportunity to show members of our new communities the beauty and scenery of Malin Head. Thanks to Malin Head Community for organising the walk.



Team Walk guided by Active Inishowen

In September some of the IDP team tackled the King of Mintiaghs as one of the many great routes around Inishowen, we were guided by Kevin McLaughlin, Active Inishowen staff member, all the while raising funds in support of Septembers Childhood Cancer Awareness - a wonderful day spent together exploring our beautiful peninsula. The walk started at the Sliabh Sneacht Centre and provided wonderful views when we got to the top in reward! This is a joint enterprise between IDP and Donegal Sports Partnership.



Carndonagh Conversations with TASC and DCC

We had an extremely positive morning in September at the Carndonagh Community Conversations in the Colgan Hall



IDP's Denise McCool and Rachel Grant were joined by Deirdre Carolyn from TASC - Think-Tank for Action on Social Change and Suzanne Bogan Climate Action Officer with Donegal County Council

People of all ages gathered and shared their thoughts and opinions on what makes Carndonagh great and what we could do to secure a sustainable future of the town. We appreciate everyone who took the time to come along and join us in the workshop.



Celebrating 25 years of Donegal Women in Business



Our team members [Ana McColgan](#) and [Sinead McDaid](#) really enjoyed the meet up with other members [Anne Marie McLaughlin](#) and [Sinéad Milligan](#) at the Donegal Women in Business Network celebration event in the stunning Lough Eske Castle in September. Such a positive uplifting event and IDP are proud members of DWIB. Well done all for organizing the event and congratulations on 25 years!

Celebrating Local Development Week with Minster and ILDN colleagues in Dublin

In September our Joint CEO Shauna McClenaghan and Team Lead for Resilience and Well-being Patricia Lee were delighted to gather with our Irish Local Development Network colleagues for the launch of the ILDN annual report by Minister of State for Department of Rural and Community Development Joe O'Brien as part of the Local Development Week 2024.

The Minister heard about the positive impacts of the work of Local Development Companies around the country.

The afternoon was spent in conversation with the Minister who kindly joined us for a worthwhile and informative roundtable discussion on Food Insecurity and Poverty facilitated by Shauna.



Shauna and Patricia then had the opportunity to present our recent research report spotlighting responses to food insecurity in Inishowen where they highlighted the positive work ongoing on the ground in Inishowen with our community partners.

IFI visit IDP to learn about CHANCE

In October we hosted an International Fund for Ireland (IFI) project visit to Chance in Inishowen by Stephen Barrett, IFI Programme Manager, along with Richard O'Neill, Alan Egan and Aisling Kearns from the Department of Foreign Affairs and IFI Board. Welcomed by our Joint CEO Shauna McClenaghan, the group met with the Chance Project Coordinator, IDP team members, CHANCE Advisory Group members and some of

our Chance beneficiaries. The group heard about the history of the Chance approach and project focus as well as the significant impact to date. It was a lovely informal discussion where we spoke about the beauty of Inishowen - the largest peninsula on the island of Ireland, our proximity to Northern Ireland and the impact of the troubles and more recently Brexit, COVID-19 and the Ukrainian Emergency.

IDP emphasised that this is a significant investment in young people who live here in Inishowen and afford the privilege of offering one-to-one wraparound supports to young people who are between 16 and 25 years of

age and had not been in full time education, employment or training. Our participants told the group about the different opportunities they have had since joining the Chance Project and about the journey they have been on.



Social Prescribing at Health and Wellbeing event in Newtowncunningham

In October our Social Prescribing link Worker, Carmel Gallagher attended the Lagan Health Community Forum Health and Well-being event in the Columban Hall Newtowncunningham!

This was a great event and very well supported by the local community we were delighted to be part of it and made lots of lovely new connections.



The S-TEAM returns to Buncrana in October

Our popular support group for siblings of children with special or additional needs in Inishowen - the S-TEAM returned to Buncrana in October.

Following a successful pilot programme last year the S-TEAM gives young people the opportunity to come together in a safe space to share their concerns and learn vital coping strategies in a holistic way. This programme will benefit siblings of those with special needs.

For more information call us on 074 9362218 or email claire@inishowen.ie



Full house for Understanding Community Development

The QQI Level 5 Understanding Community Development Course got underway in our IDP Buncrana office in October. The course provides a great opportunity to increase your skills and understanding, connect with other volunteers and staff working in community settings, and great discussions and learning among the group. The course was supported by **Donegal ETB** Community Education programme.



ROS Workshop for small businesses

In October we ran our popular Revenue Online Services (ROS) Workshop for small business owners who want to learn more of the income tax system and the tools to effectively manage your tax obligations. To find out more about future ROS workshops email: sinead@inishowen.ie



Committee Skills Workshop in Carndonagh

Thanks to John Curran **Donegal Volunteer Centre** for delivering the Committee Skills workshop in Wesley Hall Carndonagh in October organised by our Community Development Team member Rachel Grant. Great engagement by the groups who attended: Barrack Hill Town Park & Community Gardens Carndonagh Carndonagh Active Retirement, Carndonagh Tidy Town Clonmany Genealogy And Heritage Group, Culfadda Development Association, Inishowen Horse Riding for the Disabled and Lifeline Inishowen.



Canva and social media training for community groups with IDP

In October had a great engaging group at our Canva and Social Media Training for community groups in our Buncrana office organised by Aine McLaughlin. This intermediate training covered topics such as learning more about engagement & building your profile, creating new designs with Canva, reels, carousels, when to post, tips on increasing your reach and much more over three two hour workshops! Thanks to Jolene McDermott from Marketing for Tourism for delivering the course and Donegal ETB for part funding the programme through their community education programme.



Empower Your Mindset with IDP

Congratulations to this group of participants who recently completed our popular personal effectiveness course: **EMPOWER YOUR MINDSET**

Participants covered areas such as Self Awareness; Self Reflection, Identifying Strengths, Weaknesses & Setting GOALS, Communication, Assertiveness, Confidence, Resilience and much more.

Thanks to our participants who gave it their all every week and to the trainer Siobhan Dempsey who supported them through the 6 week course. This programme was funded through SICAP.



Movies & Tea returns for October

Movies & Tea is a lovely social space to meet and gather in Buncrana and it is open to everyone. It's time for cinema, connections and a cuppa. Come along and meet some of our IDP support team including our Social Prescribing Link Worker and our Community Development Team.



Changemakers host local and global film screening at Disappear Here Film Festival



Our Changemakers Donegal team hosted an inspiring afternoon of film at the Disappear Here Film Festival in Ballyliffin on October 6th.

A series of local and global films from local community groups showcasing their activities to an impactful film that portrays the struggles and resilience of the Palestinian people were shown at the ChangeMakers stage at the popular Film Festival. Among the films were "Iarmsai" and "Where the Olive Trees Weep," a film that portrays the struggles and resilience of the Palestinian people.



AI in Sales at Inishowen Innovation

A truly informative and intriguing morning at **Inishowen Innovation - ii - Inspiring Imagination** in October at our AI in sales event which we held in collaboration with The II, Buncrana. Big thanks to Liam Coyle, founder of Simply Pragmatic AI, who facilitated the workshop this morning - it was great to bring like minded businesspeople together to learn more about the exciting role AI can play sales.

Pictured: Sinead McDaid IDP Annemarie McLaughlin Manager of The II Liam Coyle and Ana McColgan IDP



FIT4FARMLIFE launched at Co-Op Wellbeing event

In October we launched our new health and wellbeing programme designed especially for farmers. FIT4FARMLIFE, a free initiative, funded by the Department of Agriculture, Food and Marine, but managed locally by IDP, ran weekly workshops and information events focusing on issues blighting the farming community.

In Inishowen it was split into two groups of farmers coming from South Inishowen and North Inishowen and covered a series of topics including Farm Safety, Healthy Eating, Mental health talks, Health checks and Fitness sessions.

As part of the programme, the farmers gathered and enjoyed a complimentary hot meal together.

IDP's Farm Family Officer Joe Sweeney says this is an important part of the FIT4FARMLIFE programme as it will be an opportunity for farmers to talk to each other and listen to each other.

As part of the programme, IDP are teaming up with the local Sláintecare Healthy Communities team to introduce healthy eating habits and cooking tips.



FIT4FARMLIFE continued....

The programme was massively successful with around 60 farmers taking part, which accumulated in a finale on October 30 in Ballyliffin Lodge Hotel. This was well attended and was a chance for the farmers and partners to look back on what they learned and strengthen the relationships they made over dinner. IDP's Farm Family Officer Joe Sweeney says this was the important part of the FIT4FARMLIFE programme as it was an opportunity for farmers to talk to each other and listen to each other.



An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine



ChangeMakers launch Seeds of Change Grant

ChangeMakers Donegal launched the 2024 Seeds of Change Small Grant Programme in October. Local groups had the opportunity to apply for €650 in funding to work towards a sustainable project. Topics covered to date include: Biodiversity/Fairtrade, SDG awareness, Coastal and sea pollution, Clean water, Consumerism, Social justice, Cultural awareness, Gender equality and more.



Practical training for new communities



In October IDP held practical training for job seekers and new communities in Buncrana. People took part in a two day in Level 2 Foundation in Food Safety Catering [HACCP] training with Safetech, where as others attended Safepass practical training for Skilled Labour. This was also carried out by Safetech in Buncrana. Training included Abrasive Wheels & Work at Height and manual handling training.

Buncrana celebrate its volunteers

IDP were delighted to organise the follow on event - 'Buncrana celebrates volunteering' in St Marys Hall Buncrana along with our friends at Donegal Volunteer Centre in October.

Well done to everyone involved and great to see such an active positive voluntary sector in Buncrana, and a great way to connect in our new communities.

The place was quite literally rocking!



Climate Action Forum in Carn

Staff members Denise McCool, Aine McLaughlin and Rachel Grant work closely in conjunction with with Donegal County Council and the Dept. of the Environment, Climate and Communication to bring the Climate Action Forum to members of the local Carndonagh community in the Colgan Hall. Carn is one of two towns in the county to be selected for 'Decarbonisation Zones'- this was an opportunity to learn more and see how we can take action locally, share ideas, help develop the action plan, and learn of funding opportunities to support the plan.



New DCB Facilitator appointed

Georgina Gallagher joined IDP as a new additional Defective Concrete Block Community Facilitator. She will work alongside Michelle Coyle and we are delighted to have her on board.



Wainfest a hit in local schools

233 kids from across Inishowen attended the Music/Percussion workshops this week as part of Donegal County Council's #Wainfest through our EMBRACE Project and a great time was had! Facilitated by Andrew Lynch, Mark Roxborough and IDP's Tracey McRory. The project is funded by the International Fund for Ireland New Gate Arts and Culture Centre



QQI Food Safety underway in Buncrana

In November 11 people successfully completed the QQI Level 4 in Food Safety. The course was funded by Taste4Success Skillnet and delivered by highly experienced trainer Martin Lynch.

It took place over the course of 4 weeks in the Angler's Centre in Buncrana.

Topics covered included: food safety procedures, legal responsibilities; structures and included a placement in a kitchen/food environment; HACCP and allergen awareness.



Another successful We Can Quit programme in Carndonagh

Our We Can Quit Programme under the Sláintecare Healthy Communities Programme also returned to Carndonagh in October. Like the one in Buncrana this was a success for those on their quit smoking journey and we saw seven people completing the programme successfully. Here are some of the successful participants with the two SHCP Community Facilitators Alison and Sheila. This community based facilitated smoking cessation programme provides one to one and group support as well as free nicotine replacement therapy (NRT). We look at nutrition, self-care and keeping healthy and there is no commitment to give up smoking on week one. Email claire@inishowen.ie for further information about these programmes.



SCEP training for local farmers in IDP

At the beginning of November our Farm Support Officer Joe Sweeney carried out training for the Suckler Carbon Efficiency Program [SCEP] for local farmers from across Inishowen in our IDP Buncrana office.

Also thanks to our IT Trainer Denis Kelly who assisted Joe and the farmers with IT support.



IDP attend SICAP Support Workshop with Pobal

At the start of November IDP team members attended a #SICAP Support Workshop with Representatives from Pobal and the Department of Rural and Community Development to hear more about our collaborative work on the European Social Fund Plus Ireland with our LCDC colleagues.

We look forward to continuing to work together in 2025.

#socialinclusion #supportingcommunities

#communitydevelopment #pobal #sicap #esfplus #euinmyregion



Sharing experiences with Women Crossing Borders

We had the opportunity to work with our friends at the Breen Centre as part of the International Fund For Ireland CIPP funded Women Crossing Borders Project. Women from across Inishowen met with women Newtownabbey to discuss common issues and share experiences. The women participated in good relations and cultural diversity workshops, a cultural visit to Belfast City Hall followed by a walking tour of the city centre learning about local inspirational women.



IDP welcomes anti racism election protocol

Ahead of the General Election in November, IDP along with fellow members of the Implementation Group of the Donegal Black and Minority Ethnic Inclusion Strategy 2021-2026 representing community, statutory, and public organisations, welcomed the recent launch of the 2024 Anti-Racism Election Protocol by the Donegal Travellers Project and Intercultural Platform. The protocol urged all election candidates to refrain from discriminatory, racist language or actions during the general election campaign.



Shared Island Civic Society Fund

IDP in conjunction with **Rural Area Partnership In Derry** will deliver a series of educational workshops on both sides of the border for a maximum of 20 people. Bus will be provided and refreshments will be provided. Workshop time will be 2 - 3 hours. Local organisations and community groups can nominate two people for each workshop

IDP Development Partnership **An Roinn Gníothaí Eachtracha Department of Foreign Affairs** **RAPD**

EXPRESSION OF INTEREST
Shared Island Civic Society Fund

The Shared Island Civic Society Fund is an initiative designed to promote practical North-South co-operation. It aims to encourage and support civil society and community organisations to further strengthen existing partnerships and/or to develop new cross-border links, to build connectivity and to work together to ensure an inclusive and diverse island.

Inishowen Development Partnership in conjunction with The Rural Area Partnership in Derry will deliver 3 educational workshops in each region for a maximum of 20 people. The workshops will be joint events for all participants from both sides of the border. Bus will be provided to bring participants to the neighbouring workshop i.e. Inishowen participants to NI workshops and vice versa. The workshops will run for 2 - 3 hours with refreshments provided.

30 November 2024 Protecting our threatened wildlife Saturday 11:00 am IDP Office, Carradagh Tish Murphy, Inishowen Rivers Trust	TBC 2025 Achieving Carbon Competence Saturday 11:00 am RAPD, Claudy	18 January 2025 Bird Surveys and Wetland Bird Identification Saturday 11:00 am Drummond Hotel, Ballysherry
22 February 2025 Peatlands & Water to include site visit Saturday 11:00 am Carrowmangish Centre Tish Murphy & Seán O'Sullivan, Inishowen Rivers Trust	08 March 2025 Gardening with Wildlife Saturday 11:00 am Bulfinch Farm, Plumbridge	26 April 2025 Using your Smart Phone to Photograph Wildlife Saturday 11:00 am TBC

Please nominate two people for each workshop from your organisation who would be interested in taking part in the above Programme by 5th November 2024. For more information email: anne@inishowen.ie or gillian@inishowen.ie
(It does not have to be the same two people on each workshop)

To register your interest or for more information email: anne@inishowen.ie or gillian@inishowen.ie

Talking with your family about Defective Concrete Blocks

In collaboration with Donegal Parent and Family Support Service, IDP are hosting an online webinar to provide guidance for parents and guardians on how to talk with your family about defective concrete blocks in your home. With support from Tulsa for families affected by Defective Concrete Blocks/Mica, this 1-hour session based on feedback from families, will

provide help with talking to your children, how to answer their questions, ease their worries and reassure them. Including self-care for parents & guardians. Watch our social media in the new year for further details.

TALKING WITH YOUR FAMILY about defective concrete blocks

Guidance for talking to your children about defective blocks in your home, how to answer their questions, ease their worries and reassure them. Including self-care for parents & guardians.

Online webinar
19th November, 6.45pm-8pm.
Register below or call 074 9362218
<https://forms.office.com/e/qP3UC495F1>

TÚSLA IDP
The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Government of Ireland, through the Department of Rural and Community Development, the European Union under the Employment, Inclusion, Skills and Training (EIST) Programme 2022-2027.

Rialtas na hÉireann Government of Ireland **Áras chomhchleithiú ag an Aontas Eorpach Co-Funded by the European Union** **SICAP** **LCDC**

The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Government of Ireland, through the Department of Rural and Community Development, the European Union under the Employment, Inclusion, Skills and Training (EIST) Programme 2022-2027.

Registered Charity No: 20067786 CO. REG. 447893 CHY17949

Lunch Club launched for new arrivals in Buncrana

Our Connecting Communities team Maggie & Patricia established a monthly lunch Club in Buncrana for new arrivals to the area. This included a health and wellbeing workshop, health checks, a cookery demonstration, lunch, sign-up for courses and information for new arrivals. This is held in conjunction with our Sláintecare Healthy Communities Team. Lunch Club will continue in January - please check Social Media for updates. All welcome.



Social Soccer in Quigley's Point



The Social Soccer initiative fosters unity among internationally displaced persons (IPAs), Beneficiaries of Temporary Protection (BoTPs), and locals. This initiative promotes men's fitness, mental health, and supports social integration. By encouraging teamwork and camaraderie,

this initiative strengthens community bonds and creates lasting friendships. The program also invests in community facilities locally, supporting enhanced spaces for recreational activities. Through soccer, this initiative builds a more inclusive, resilient community.

Women Crossing Borders



IDP hosted our partners The Breen Centre and the women of Rathcoole at the Regional Cultural Centre in our cultural exchange and building community relations workshop. The two groups will host social action projects in January following planning session. This project is funded by IFI CIPP. Special thanks to Andrew McNulty & Danielle Bonner for attending on the day. Both are members of the Advisory Group.



Lowland Leader training with Active Inishowen

We are delighted to be able to offer local people/groups the chance to take part in subsidised Lowland Leader training with @mountaineering_ireland through our Active Inishowen Project, which is managed by IDP and Donegal Sports Partnership, supported by Dormant Accounts. This course, facilitated by the renowned Bren Whelan of Donegal Climbing provided seven

enthusiastic participants with essential skills in leading safe, enjoyable, and engaging walks on lowland trails. These newly trained leaders will play a pivotal role in promoting walking activities across Inishowen, helping more people of all ages and abilities enjoy the incredible natural beauty of the peninsula. This training is a cornerstone of the Active Inishowen Project's goals to increase participation in walking and cycling while building local capacity to sustain these activities long-term. A big thank you to everyone involved, including Bren for sharing his expertise, and the IDP and DSP teams for their ongoing support. These partnerships are making a real impact on community well-being and outdoor engagement in the region! Stay tuned for updates on how these leaders will use their skills to make a difference in their communities.



TransFarmation is a huge hit in Glengad

The final of our TransFarmation programme took place in **Glengad Community Centre** - The 6 week health and wellbeing programme for farmers proved to be a massive success in Glengad.

Over the course of the 6 weeks the men took part in healthy cooking classes with facilitator Caroline, health checks with nurse Roisin and fun fitness classes with Eimear and Charlie.

A massive thanks to all of the facilitators for making the programme a success but especially to the group of farmers who made every Wednesday night in Glengad a joy. We are looking forward to getting people together again in 2025! Thanks to **Donegal County Council** under the Sláintecare Healthy Communities for funding Transfarmation 2024



Admin Class has a full house in Carndonagh

Our second Admin programme of 2024 was a big hit in Carndonagh.

We have a full class of people registering for the free 6 week programme which is designed especially for people who are unemployed and are thinking of returning to the workforce!

It is the perfect opportunity to explore a career in Office Administration and will cover a variety of topics including administration process, word processing, file management, digital skills, customer skill and much more.



Honouring peacemakers in Derry

IDP team members Denise McCool and Aine McLaughlin were delighted to attend the John & Pat Hume foundation and International Fund for Ireland event honouring quiet peacemakers in Derry's Guildhall today.

Speakers included Daphne Trimble, Paddy Harte [IFI], Mark Durkan [Rep of the Hume Foundation] and Mayor of Derry City & Strabane District Council Cllr Lilian Seenoi Barr



Buncrana Movie Club goes on tour to Carrowmenagh

What a day our regulars from our Buncrana Cinema Movie Club had at Carrowmenagh Centre in November.

The joint event was organised by our Social Prescribing Inishowen Link Worker Carmel Gallagher. The Buncrana crew had a great time and thanks so much to the team for in Carrowmenagh for putting on a great spread and making us feel so welcome - especially Rosaleen Charlie Anne Marie, Anne and John. Great to be able to connect people from across the Peninsula



Climate Justice Day of Action



On Tuesday, November 19, in Buncrana, Changemakers observed Climate Justice Day of Action by hosting one of their Conversations Towards Action events. Cara McLoughlin from Change Makers Donegal and Cultúrlann Uí Chanáin in facilitated the event.



We enjoyed delicious warm organic soup, made with vegetables from Whiteoaks acorn organic farm, provided by The Corner Deli Buncrana. During the event, participants engaged in pairs and group discussions to share their concerns about #climatechange at the local and global levels and explore where those concerns intersect. We thank Buncrana Community Library



Donegal County Library for hosting us and our project partner, Self Help Africa, for their Africa Adapting Exhibition.

Supporting Pathways Brochure launched

We were delighted to be part of a tailored employment support guide which was launched in Letterkenny on December 10th. The guide 'Supporting Pathways to Work: For Black and Minority Ethnic Communities' provides an introduction to the various services available across the county for new communities, in navigating pathways to meaningful employment and self-employment opportunities in Donegal. Led out by the 'Supporting Pathways' subgroup, co-chaired by IDP and DLDC, the brochure has been developed in collaboration with key agencies and organisations involved in this work. The agencies include: ATU, Donegal, Department of Social Protection, Donegal Intercultural Platform Donegal ETB, Donegal County Council, Donegal Travellers Project, Letterkenny Chamber of Commerce and Local Enterprise Office Donegal.



Photo credit: Kokou Gogrey.

New Year Greetings from IDP

Everyone at Inishowen Development Partnership would like to take this opportunity to thank the community, funders, and partners for all their support throughout 2024. Wish you and your families a Healthy & Happy New Year. We look forward to working with you in 2025.

IDP
Inishowen
Development
Partnership



Rialtas na hÉireann
Government of Ireland

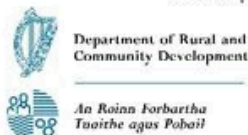


Arna chomhchistiú ag
an Aontas Eorpach

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