

## INISHOWEN LOOP HEAD

This spectacular walk follows a route through some of Donegal's most impressive coastal scenery. Within a relatively short distance from the trailhead the walker is in remote country with wonderful coastal views of Lough Foyle, north coast of Inishowen and Scotland on a fine day.

📏 <b>DISTANCE</b>	8.5km
🕒 <b>TIME</b>	2-3 hrs
📈 <b>GRADE</b>	● Moderate
📏 <b>HEIGHT GAIN:</b>	230 metres
🛤️ <b>TRAIL SURFACE:</b>	Bog Roads, Tarmac
📍 <b>LOCATION</b>	4km northeast of Greencastle and on the western shore of Lough Foyle

🚩 <b>MARKERS:</b>	Black plastic markers with blue symbols and National Waymarked Trails arrows.
🐕 <b>DOGS:</b>	Permitted on lead
📍 <b>TRAILHEAD:</b>	Gravel car park at Inishowen Head. Trailhead is signposted.

